



# Return to Training and Play Guidelines

The Texas Governors office has issued and amended the COVID-19 related executive orders several times, to allow for a phased approach of Return to Practice and Play for outdoor sports participants. Effective June 15, 2020, players and teams were allowed to return to both training and games.

The following guidelines are to be considered to allow for everyone to return in the safest possible environment. Remember, we are all in this together, so all players, parents, coaches, referees, and administrators should be aware of these guidelines. There may also be guidelines specific to a city or county. It is important that you are familiar with, and follow your local government and health authority warnings and guidelines.

## Coach Responsibilities

- Ensure the health and safety of the players, including asking if parents took their temperature the day of the training or game.
- Inquire how each player is feeling. Send home anyone you believe acts or looks ill.
- Ensure each player has his/her own equipment (ball, water, bag, etc.), and instruct all players not to share equipment.
- Ensure that the coach is the only person to handle team equipment such as cones, disks, nets, etc., and do not enlist the help of parents or spectators in attendance.
- All training should be outdoors and compliant with at least six feet of social distancing for training and spectating. This includes coaches and players.
- Always wear a facemask, even when not actively coaching.
- The use of scrimmage vests is NOT recommended, as they may have been previously shared.
- Benches should be disinfected before and after each game.
- Pregame, halftime, and post game instructions should be kept to a minimum, and have players practice six foot distancing rather than sitting next to each other.
- Do not engage in handshakes, hugs, high fives with players during trainings or games.
- Have hand sanitizer available for coaches and players use.

