



INDIANA OLYMPIC DEVELOPMENT PROGRAM 2018-2019 FORMAT AND COMPONENTS

PLAYER DEVELOPMENTAL GOALS

Development is *the act or process of developing; unfolding; a gradual growth or advancement through progressive changes*. While ultimately the role of the Indiana Olympic Development Program is the identification and selection of players with the ability to progress to the next level of competition, the developmental process should be and will be at the forefront of the Indiana Olympic Development Program. If we refer to the above definition of “Development”, the Indiana Olympic Development Program has been designed to meet the following player development goals:

- To provide an atmosphere for the unfolding of ideas about the game of soccer;
 - Understand, learn, and develop the technical qualities necessary to advance one’s game to the State, Regional and National levels as well as the Club, High School, and Collegiate levels;
 - Expand Interpretation and Understanding of the Game from Different Perspectives (Systems and Positions)
- To develop the players’ confidence, to encourage and foster the development of ideas to solve problems as the game presents them;
 - Learn and develop problem solving skills to be used before, during, and after matches;
 - Learn how to confront adversity and respond responsibly, maturely, and thoughtfully;
 - Learn how to effectively use different forms of communication with teammates and coaches;
- To provide opportunities for player growth through challenging, creative, and positive training and playing environments;
 - Learn how your role may change playing in different systems and in different positions;
 - Become a soccer player, not a system or positional player;
- Player advancement and placement to State, Regional, National and Collegiate levels;
 - Expose players to the necessary requirements to play at the next level not only technically and tactically but also physically and psychological

2018-2019 INDIANA ODP AGE GROUPS

In 2018-2019 Indiana Olympic Development Program State Training Pool will run developmental programs for the following age groups:

Boys	Girls
2002	2002
2003	2003
2004	2004
2005	2005
2006	2006
2007	2007

To insure the highest quality of training for all players and to allow for the creation of homogenous training environments the Indiana Olympic Development Program will incorporate the following age group training pods:

Boys

Training Pod #1: 2002, 2003, 2004*

Training Pod #2: 2005, 2006

Training Pod #3: 2007

Girls

Training Pod #1: 2002, 2003, 2004*

Training Pod #2: 2005, 2006

Training Pod #3: 2007

Each training pod will be under the direction of an Age Group Coordinator or Head Coach. Within each training pod homogenous training groups will be created to challenge each player in the State Pool at the appropriate developmental level. These training groups are fluid and will change from session to session based on player performance in training and games. The goal is for players to train in an environment that is developmentally appropriate based on each individual player's ability. For further information please refer to "Implementation of Training Pools" document.

*Please note non-high school players will train with the 2005/2006 group during the first phase.

2018-2019 COMPONENTS AND FORMATS

The following components and formats will be used to achieve the player developmental goals described above:

State Pool and State Team Training

There will be two training sessions on each scheduled date of training unless weather dictates only one.

Training will incorporate technical training as it relates to tactical applications, functional training, special training for top players, as well as opportunities to scrimmage full field within an age group, against other age groups, or outside competition to continue to expand the problem-solving ability and tactical awareness of the players.

ODP Intra-regional/Tournaments/Showcases/Friendly Games

To enhance the developmental progression of players in ODP additional dates to play as a State Pool or State Team against outside competition will be scheduled. Opportunities to represent Indiana against outside competition (other state organizations, club teams, tournaments, Intra-regional competitions) will be scheduled throughout the ODP calendar year. Some of these events will be open to all players in the pool and some will be done through a selection/invitation process. Competition dates will be released throughout the year as they are scheduled.

Please continue to next page to see information about the Junior Olympians program.

Junior Olympians: An Introduction to the Olympic Development Program

Junior Olympians is completely separate from state pool training. Junior Olympians is for players that are not in the state pool (however, players may choose to participate for an additional fee if they so desire). The Junior Olympian program will educate and train the parent and player on the mission of US Youth Soccer/Indiana Soccer ODP, while supplementing their club soccer schedule. The curriculum consists of age appropriate training sessions that mirror the recommendations of the US Soccer's National Curriculum and use a long term Player Development Model (LTPD) lead by our Nationally Licensed Coaches.

- This program is designed to be an introduction into the Olympic Development Program
- Players participating in Jr. Olympians **may** be invited to train with the 2007 State Pool
- Any 10 & under or 11 & under player invited to join the 2007 State Pool will have to purchase a pool kit and pay the State Pool phase fee associated with each phase
- Each player receives a t-shirt with a distinct number assigned to each individual player
- Jr. Olympian Sessions will last 1.5 hours
- Cost: See Junior Olympians Document on the website