

# SPORTS HELP GIRLS GET AHEAD



Girls involved in sports are **LESS LIKELY** to get in a fight



Female High School athletes **92% LESS LIKELY** to give in to drugs



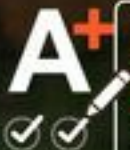
**80% LESS LIKELY** to become a teen mom



**3 TIMES MORE LIKELY** to graduate



were involved in high school athletics



High School athletes have **higher grade point averages** than their peers and miss fewer days of school

**83%** of athletic girls feel comfortable with the way they look regardless of how much they weigh

**54%** of youth athletes between the ages of 12 and 21 got their family to become more active



**STUDENT ATHLETES** scored almost **30%** higher on standardized tests than the rest

mamáS  
LATINAS



Women **INVOLVED IN SPORTS** learn how to be more **AUTHORITATIVE, MENTALLY TOUGH, & SET GOALS!**