



2019 MSYSA Summer Academy Additional Information

Thank you for your interest in the 2019 MSYSA Summer Academy! Each day we will strive to engage your player in a challenging, fun and competitive atmosphere to ensure their development. Each day will have a mixture of individual play, small sided and full sided games around the topics listed below.

If you have any questions please reach out to me at Programs@msysa.org

Gandalf French
MSYSA Programs Director

Sample Daily Schedule:

7:00am	Wake up call
7:45-8:45am	Breakfast
9:15am	Assemble for Training
10:00-11:30am	Morning Session
12:15-1:00pm	Lunch
1:45pm	Assemble for Training
2:00-3:30pm	Afternoon Session
3:45-4:30pm	Daily Competition (Meet in the Stadium)
5:00-5:45pm	Dinner
6:30pm	Assemble for Training
7:00-8:30pm	Evening Session
9:00-9:50pm	Snack bar open
10:00pm	Lights out

Sample age appropriate sample topics covered:

- Attacking Principles of Play
- Defensive Principles of Play
- Individual Technical Development
- Passing, Possession and Combination play
- Finishing technique and tactics in the final third
- Goalkeeping Technique, tactics and integration with team play

Sample Extracurricular Activities (rest sessions, inclement weather etc):

- Tactical presentations
- Soccer Olympics
- Talent Show
- Age appropriate movies
- Skills competitions