STANDARDS CHART & BIRTH YEAR/SEASON MATRIX

STANDARDS CHART:

LEAGUE >	IN-HOUSE	ACADEMY	ACADEMY	ACADEMY	ACADEMY	POSOL/REG	POSOL/REG	STATE/POSOL/REG
AGE GROUP >	U6	U7	U8	U9	U10	U11	U12	U13
# of Players	4v4	4v4	4v4	7v7	7v7	9v9	9v9	11v11
Goalkeeper	No	No	No	Yes	Yes	Yes	Yes	Yes
Playing Minutes	4 x 8	4 x 8	3 x 15	2 x 25	2 x 25	2 x 30	2 x 30	2 x 35
Break Minutes	5	5	5	10	10	10	10	15
Ball Size	3	3	3	4	4	4	4	5
Goal Size (ft)	4 x 6	4 x 6	4 x 6	6.5 x 18.5	6.5 x 18.5	6.5 x 18.5	6.5 x 18.5	8 x 24
Offside Rule	No	No	No	Yes	Yes	Yes	Yes	Yes
Headers	No	No	No	No	No	No	Yes	Yes

BIRTH YEAR & SEASON MATRIX:

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format "U followed by age" really means that age and younger. For example: U8 should be read as 8 and younger.

IN-HOUSE	ACADEMY	POSOL/REGIONAL LEAGUES	STATE, POSOL & REGIONAL LEAGUES

POSEASON/BIRTH YEAR	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24	2024/25
2019									U6
2018								U6	U7
2017							U6	U7	U8
2016						U6	U7	U8	U9
2015					U6	U7	U8	U9	U10
2014				U6	U7	U8	U9	U10	U11
2013			U6	U7	U8	U9	U10	U11	U12
2012		U6	U7	U8	U9	U10	U11	U12	U13
2011	U6	U7	U8	U9	U10	U11	U12	U13	U14
2010	U7	U8	U9	U10	U11	U12	U13	U14	U15
2009	U8	U9	U10	U11	U12	U13	U14	U15	U16
2008	U9	U10	U11	U12	U13	U14	U15	U16	U17
2007	U10	U11	U12	U13	U14	U15	U16	U17	U18
2006	U11	U12	U13	U14	U15	U16	U17	U18	U19
2005	U12	U13	U14	U15	U16	U17	U18	U19	
2004	U13	U14	U15	U16	U17	U18	U19		
2003	U14	U15	U16	U17	U18	U19			
2002	U15	U16	U17	U18	U19				
2001	U16	U17	U18	U19					
2000	U17	U18	U19						
1999	U18	U19							
1998	U19								