

2019 US YOUTH SOCCER SOUTHERN REGIONAL CHAMPIONSHIP TOURNAMENT RULE

1.1 GENERAL INFORMATION

A Fees

1. Entry Fees

The **\$9100** entry fee is required for each participating state (14 x \$650/ team). Each State Association entered into the competition must pay the entry fee. A check should be made payable to US Youth Soccer South Region and is due in the National office no later than April 1st.

2. The National League (i.e. Piedmont Conference; Frontier Conference; Sunshine Conference and Mid-South Conference) entry fee of \$36,400 will be paid directly to the National office by the National League no later than March 1st (56 x \$650 /team).

B Discipline

Tournament discipline will be the responsibility of the Regional Tournament Committee (RTC). Failure to comply with requirements could result in a fine, probation, suspension or a combination of these determinations. It is the responsibility of the State Association to enforce all sanctions levied on their teams, players and coaches.

C Hotels

Teams are required to stay in their state's hotel cluster for the duration of their participation in the tournament unless authorized in writing by the RTC to relocate.

D Team Forms

Teams must complete all forms as required by the tournament and RTC.

E Late Withdrawal from Regional Championship

In the event that a team withdraws from the tournament, a fine will be assessed as follows:

- a. **45 days from the beginning of the tournament - \$750 (May 7, 2019)**
- b. **30 days from the beginning of the tournament - \$1000 (May 22, 2019)**
- c. **20 days from the beginning of the tournament - \$1500 (June 1, 2019)**
- d. **15 days from the beginning of the tournament - \$2000 (June 6, 2019)**
- e. **10 days from the beginning of the tournament - \$3000 (June 11, 2019)**

The team's State Association shall pay the fine to the South Region. Fines must be paid prior to that state's participation in the current Southern Regional Tournament.

F. National Championships Withdrawal:

It is expected that teams who win the South Regional Championships will represent the region at the National Championships. If a team withdraws from the National Championships at any point following the South Regional Championships, the team shall be fined \$5,000. The State Association shall be responsible for payment of any fine(s) and is responsible for collecting any fine(s) from the teams that are penalized by fines.

If a team withdraws from the National Championships, the runner-up will be given the first opportunity to represent the region at the National Championships. If the runner-up is not available, the remaining semi-finalist teams will be given the opportunity in order of highest points in their respective brackets

G Bad Standing:

Any State Association that does not pay the fine(s) assessed by US Youth Soccer shall be considered in bad standing, and no teams from that State Association shall be permitted to participate in future Regional Championships until the fines are paid.

H Team Rosters

All teams will submit a Regional Roster to the RTC within 48 hours of the Regional Roster freeze date.

I Game Rosters

Game rosters will be brought to the fields by the referees. The game roster will have a minimum of 7 and a maximum of 18 eligible players. Teams will designate their eligible players at the field.

J Registration

1. Team registration will be on the day prior to the start of the competition.
2. State registration time will be set by the RTC.
3. A team representative must register the team.
4. All teams must present required forms, completed as specified, and their US Youth Soccer player and/or coach passes. The passes must have a current photograph and properly validated. The passes must be laminated with a material that allows this information to be seen and allows the passes to be punched. Teams, players and coaches without their US Youth Soccer passes cannot compete in the Tournament.
5. Every State Association must have a State Representative present at registration.

RED PRINT – New rule this year

K Scheduling of Games

1. The RTC is responsible for developing the schedule of games.
2. The schedule will be posted 10 days before the competition. If teams withdraw prior to 14 days of the start of the competition, wildcards may be used as replacement teams.
3. If teams withdraw within 14 days of the start of the competition, teams may not be replaced. Scheduled opponents could receive a “bye game” during the preliminary round.
4. The best scheduling to ensure maximum rest for each team is to play one game per day. All teams are entitled to sufficient rest between games. If it is necessary to schedule two matches on the same day, four and one-half hours between the scheduled start of two successive games is considered to be sufficient rest.

Within the limits imposed by these rules and guidelines and by uncontrollable external conditions, the schedule is developed in an objective manner with no favoritism shown to specific teams or State Associations.

1.2 COMPETITION FORMAT

A Format

1. Round-Robin

- a. Wildcard teams may be used as necessary to bring age divisions to an even number of teams.
- b. Teams are not seeded. State Champions (1-12) and Southern Regional Premier League teams are placed within the brackets by random draw, as specified in the bracket below.
- c. Each age group will be divided into three or four team sub-groups. The teams in each sub-group will play three preliminary round-robin games according to established matrices. Advancement to the quarterfinal or semi-final round will be determined as follows.

2. Quarter-Finals

- a. Quarterfinals will be played in divisions of 16 teams.
- b. Quarterfinals are single elimination format. Winners of the quarterfinal matches will advance to the semi-finals.
- c. If the score is tied at the end of regulation play, two complete overtime periods will be played at the end of normal playing time. The duration of the overtime periods will be two 10-minute halves for 13U and 14U and two 15 minutes halves for 15U and older.
- d. If at the end of the overtime periods a tie still exists, the game result shall be determined by the taking of kicks from the penalty mark in accordance with FIFA rules.

3. Semi-Finals and Finals

- a. Games are single elimination format. Winners of the semi-final will advance to the final match.
- b. There are no consolation games to determine 3rd and 4th place. The teams that do not advance from the semi-finals will be awarded 3rd place.
- c. In 12 team groups, teams from the same bracket, or teams that have already played each other in the round-robin will not play each other in the semi-final games.
- d. If the score is tied at the end of regulation play, two complete overtime periods will be played at the end of normal playing time. The duration of the overtime periods will be two 10-minute halves for 13U and 14U and two 15 minutes halves for 15U and older.
- e. If at the end of the overtime periods a tie still exists, the game result shall be determined by the taking of kicks from the penalty mark in accordance with FIFA rules.

4. Day of Rest

- a. Teams will receive a day-of-rest as the schedule permits.

B. Playing Matrix

12 - Team Divisions

A	B	C
1	2	3
4	5	6
7	8	9
10	11	12

- No quarterfinal will be played.
- Semi-final #1: Winner A v Wildcard
- Semi-final #2: Winner B v Winner C
- If the Wildcard comes from Group A, then Winner A v Winner C and Winner B v Wildcard.

16 - Team Divisions *(includes National League – Conference Teams)*

One (1) winner from each of the four conferences (*Piedmont; Frontier; Sunshine Conference and Mid-South Conference*) will be drawn and placed in the first position of each group.

A	B	C	D
NL	NL	NL	NL
1	2	3	4
5	6	7	8
9	10	11	12

Quarterfinals will be played.

- Winner A v 2nd B
- Winner B v 2nd A
- Winner C v 2nd D
- Winner D v 2nd C

The winners of each quarterfinal will play in the semi-finals.

- Semi-final #1: Winner A v 2nd B v Winner C v 2nd D
- Semi-final #2: Winner B v 2nd A v Winner D v 2nd C

C Wildcard (see addendum)

1. Age groups will consist of either 12 or 16 team divisions. Wildcard(s) may be added to meet the team division requirements.
2. One wildcard team per state, per tournament, will be selected unless no other state can fill the open slot.
3. Procedure for wildcard selection:
 - State notifies the RTC that it will not be able to fill their state's slot in an age group.
 - A wildcard may be selected to fill the open slot.
 - Order of selection of wildcards:
 - 1) Host state
 - 2) #1 state in random draw for gender group
 - 3) #2 state, #3 state, etc.

A state may accept or decline a wildcard slot in either gender division, and the order selection proceeds. Pairings will not be changed to accommodate states. A state's team and wildcard team may be in the same bracket.

D National League Conferences (NL-C)

The National League consists of four (4) conferences: Piedmont, Frontier, Sunshine and Mid-South.

In the 13U-19U age groups the National League Conferences will receive four NL-C slots (one (1) representative from each of the four (4) conferences) bringing the number of teams in these age groups to 16 teams.

Pairings will not be changed to accommodate states. A state's team and NL-Conference team may be in the same bracket.

E Game Cards

The official records of the tournament are the game verification report signed by both team officials at the field and the referee match report submitted to the RTC.

F Game Balls

Each team shall be able to provide a game ball at each game. The game ball for each age group must meet US Youth Soccer requirements. Once the game begins, a protest cannot be lodged because of an illegal ball.

G Grace Periods

Any team not ready to play at the scheduled start time shall be granted a fifteen (15) minute grace period. Any team not ready to play after this grace period has expired shall be reported to the RTC by the referee. The RTC shall decide when a forfeit is declared. A minimum of seven (7) players constitutes a legal team.

H Home Team/Visiting Team

The home team will wear light colored jerseys, shorts and socks. The visiting team will wear dark colored jerseys, shorts and socks. The team in the incorrect color will have to change.

I Decorum

Coaches are responsible for the behavior of themselves, their coaching staff, parents/spectators, and their players. Coaches and other team officials shall be subject to all rules pertaining to misconduct contained in this policy, including cautions, ejections and standard suspension. Any other individuals who may be reasonably construed as being associated with a team, such as relatives and spectators, are also subject to the jurisdiction and authority of US Youth Soccer and the Tournament.

J Team and Spectator Location

The teams will sit on the opposite side of the field from the spectators. Teams will be separated by the table/bench/chairs for the officials. Spectators are to remain on the half of the pitch across from their own team's bench.

K Team Bench and Sidelines

1. Players and up to 4 club-specific credentialed team officials may be on the bench. The credentials will be issued at registration.
2. Non-game day rostered players may sit on the bench and must wear clothing distinct from game-day uniform.
3. Each team may order a maximum of four (4) bench passes.
4. Club / State Medical Trainer – Credential trainers electing to be on the bench will count as part of the maximum four (4) team officials permitted and must have a Team Bench Pass. The general medical credential grants individual permission to step on to the field or bench area as only in a supporting role. Tournament Medical Team is primary related to medical care. Club/State Medical Trainer will assume a secondary role.

L Uniforms

1. Each player must wear an official uniform with a number on the back of the jersey.
2. Numbers are not required on goalkeeper jerseys.
3. Duplicate numbers or tape on uniforms is not permitted.
4. HOME teams wear Light colored uniform and socks.

At every level of the National Championships competitions, each player, team and team official may only have on his/her/their apparel the name, logo, or other identifying mark of US Youth soccer or a member directly or indirectly of US Youth Soccer.

(1) A name, logo, or other identifying mark of any youth soccer organization other than US Youth Soccer or its member must be removed, replaced, or covered before a player, team or team official may enter or remain at a field complex where the National Championships competition is being held.

(2) After an initial warning pursuant to (1) above, the name, logo, or other identifying mark of any youth soccer organization other than US Youth Soccer or its member must be removed before the player, team or team official may enter or continue in the competition.

Each team MUST have 2 (TWO) complete kits onsite including socks. (one light, one dark). **Home team is required to wear light uniform (including socks)**. Away team is required to wear dark uniform (including socks). If there is a conflict the HOME team will be required to change.

The RTC shall decide when uniform color conflicts are an issue.

M Equipment

All players must wear shin guards.

N Player/ Team Official Passes

The referee will review all 18 player passes prior to the beginning of the game. Before each half, the referee or assistant referee (AR) will receive the player passes from a team official for the starting 11 players. When a substitute player enters the game, they will hand their pass to the AR. Player passes will be returned to the team official after each half. Beginning with the quarterfinals, the fourth referee official will hold the passes instead of the AR. It will be the responsibility of the team official to obtain the passes at the end of the game. Coaches must have their US Youth Soccer pass and Team Bench Credential on them at all times while on the bench. If teams' US Youth Soccer passes cannot be produced at the start of a game, the RTC will determine appropriate actions.

O Determination of Winners

1) Scoring Method in Round-Robin

In preliminary round-robin games, points will be awarded as follows:

Win - 3 points

Tie - 1 point

Loss - 0 points

There will be no overtime played during the round-robin portion of the tournament.

P Advancement

The team earning the most points in each group will advance to the next round of the tournament. In groups of 12 teams, the team with the most points after the group winners are declared will advance as the wildcard. In groups of 16 teams, the teams with the 2nd highest points in each bracket will advance as the best 2nd. In groups where crossover games are scheduled, only the game points earned within the bracket will count in determining the bracket winner. To determine the wildcard team all game points earned, including crossover game points, will count.

Q Tiebreakers

In the event that teams are tied on the basis of points, the following tiebreakers will be considered in order until the tie is broken:

- a. Winner of head-to-head competition. (This criterion is not used if more than two teams are tied.)
- b. Most wins.

- c. Team with greatest net goal difference (NGD), which is computed as 'goals for' minus 'goals against' with a maximum of 4 NGD in each game.
 - d. Team with least goals against (there is NO limit on the number of goals that will be counted to determine this tiebreaker).
 - e. Team with the most goals (maximum of 4 goals in each game).
 - f. Kicks from penalty spot per FIFA Laws of the Game (as described in National Championships Rule 242 Section 2 (c))
- **NOTE:** If more than two teams are tied, the sequence will be followed until a team is eliminated/advanced. The remaining teams will then restart the sequence at Point "b" above until the tie is broken.

If FIFA penalty kicks have to be taken, there will be a draw by the Region Tournament Committee. The first team drawn will receive the bye; the next team drawn will be the home team against the remaining team in the first contest of penalty kicks. The winner of the first contest will then compete against the bye team in penalty kicks to determine the round robin winner. The bye team will be the home team. This is only if there are more than two (2) teams tied after going through the Tie Breakers.

The same tiebreakers will be used to determine wildcard teams.

R Forfeiture Rule

In the event a team in round-robin competition forfeits any match, the official game scores for all of that team's games will be recorded as 4-0 losses. A team that forfeits a match will be considered to have withdrawn from the tournament.

S Unfinished Games

Unfinished game due to any cause shall be replayed providing neither team is at fault and play has not begun in the second half. If play is stopped after completion of the first half and cannot be resumed as determined by the Southern Regional Tournament Committee (RTC), and provided neither team is at fault, the RTC may deem the game complete. Should play be stopped at any time due to one of the teams being adjudged at fault, it shall be at the discretion of the RTC as to whether the game is to be replayed, stand as is, or declared a forfeit.

T Terminated/Suspended Games

Once play has begun, games may only be terminated/suspended by the RTC or his/her representative.

1.3 Ejections

A Player Ejection:

1. A player who is sent off from the field must remain in the team bench area until the conclusion of the match. Coaches are responsible for the behavior of their players at all times.
2. The player's pass, together with the referee report, shall be turned over to the RTC or his/her designee by the referee.
3. The minimum penalty for an ejection is that the player shall not be permitted to play in the immediate next competition match of his or her team. This penalty may be increased at the determination of the Southern Regional Conduct Committee.
4. Any appeal of an increased suspension by the Southern Regional Conduct Committee must be submitted in writing to the Southern Regional Appeals Committee within two hours of notification of increased suspension.
5. If the team of an ejected player allows the player to participate in the game he or she is to be sitting out, that team will automatically forfeit the game.
6. A player is allowed to serve their suspension at the game on the team bench, provided they are not in uniform.
7. A member of the RTC or their designee shall notify the player's State Representative of the send-off. The player's pass shall be returned to the State Representative following the disciplinary period.

B Coach or Credentialed Team Representative:

If a coach or credentialed team official is ejected from any game, they will be escorted by the State Representative out of sight and sound of the field and may not coach another team during the time slot for which they were ejected. The ejected coach or credentialed official may not be in sight or sound of the field while serving their suspension.

The minimum penalty for an ejection is a one game suspension to be served in the next US Youth Soccer National Championship Series game played by the team where the ejection was received. The penalty may be increased at the determination of the Southern Regional Conduct Committee. Any appeal of an increased suspension must be submitted in writing to the Southern Regional Appeals Committee within two hours of notification of the increased suspension.

Any other individuals who may be reasonably construed as being associated with a team, such as relatives and spectators, are also subject to the jurisdiction and authority of US Youth Soccer and the Tournament.

C Player and Coach Suspension

Any player, coach or bench personnel who have been suspended may appeal the decision to the Southern Regional Tournament Appeals Committee. This appeal must be made within two hours of notification of the suspension.

D Substitutions

The number of substitutions shall be unlimited for 13U and 14U.

For all other age groups, a maximum of 7 substitutions for each team shall be allowed in each game during each half of play and during overtime play. After

leaving the game during a half of play, the substituted player may not re-enter the game during that same half of play. After leaving the game during overtime play, the substituted player may not re-enter the game. Substitutions may be made with the consent of the referee, at the following times:

1. Prior to a throw-in in your favor.
2. Prior to a goal kick by either team.
3. After a goal by either team.
4. After an injury by either team when the referee stops play.
5. At half time.
6. When the referee stops play to caution a player, only the cautioned player may be substituted prior to the restart of the game

Per Rule 242 Playing Rules Section 3 (subsection 3) Medical Substitution from the USYSNC National Championships Policy:

(3) If a player is suspected of suffering a head injury, they may be substituted for evaluation without the substitutions counting against the team's total number of allowed substitutions during each half or overtime period. If the player with the suspected head injury has received clearance from the events' Health Care Professional, the player may re-enter at any stoppage of play. The evaluated player must replace the original substitute and will not count as a substitution. The temporary substituted player may re-enter the game as a regular substitute. A team may only make a temporary substitution if they have a substitution available.

E Player Equipment

The referee is the sole judge of allowed player equipment as prescribed by the FIFA Laws of the Game.

1.4 PROTESTS

All questions relating to the qualifications of the competitors or interpretation of the rules, or any dispute or protest shall be referred to the Southern Regional Tournament Protest Committee.

A Validity

To be valid and eligible for consideration:

1. All protests relating to the ground, goal posts, bars or other appurtenances of the games shall be entertained only if a written objection has been lodged with the referee and the opposing coach prior to the start of the game.
2. All protests must be filed in writing with the Chair of the Protest Committee or his/her representative within two hours of the completion of the game in protest and must include:
3. A fee in the amount of \$300. This fee may be in cash, cashier's check or money order. Personal checks will not be accepted. Checks or money orders must be made payable to US Youth Soccer South Region.
4. Full particulars of the grounds on which the protest is lodged.

B Timing

1. Game situations

Notification of protest must be received by the chair of the Protest Committee or his/her or designee within two hours of the completion of the game being protested.

2. Non-game situations

Notification of protest must be received by the chair of the Protest Committee or his/her or designee within two hours of completion of the last game in the bracket or division in question, whichever is latest.

C Procedures

The committee shall immediately upon the receipt of a protest notify the team against which the protest is made and shall give a copy of the protest and all particulars to that team, which will then have the right to defend its case, with or without witnesses. A written response must be made within 2 hours of notification.

A plea of ignorance to the rules and policies of the US Youth National Championship Series and/or the US Youth Soccer Southern Regional Championships is not sufficient grounds for protest. Judgment decisions of the referee are not subject to protest.

The committee shall compile the necessary information to hear the protest from all available sources, before the protest is heard. This shall include, but not be limited to, coaches, field marshals, referees, assessors, witnesses if necessary, etc. All materials will be treated with confidentiality.

After compiling the necessary information, the committee will meet to conduct the protest hearing. The decisions of the committee shall be binding on all parties.

The Southern Regional Protest Committee will notify the parties of the committee's decision.

1.5 APPEALS

The decisions of the Tournament Committee and the Tournament Conduct and Protest Committees may be appealed to the Tournament Appeals Committee. The appellant shall bear the burden of showing that the decision being appealed is clearly erroneous. No new evidence may be presented to the Appeals Committee unless circumstances have materially changed, or new facts are discovered that were unavailable at the time of the original hearing.

1. An appeal must be filed in writing with the Chairman of the Appeals Committee or their representative within two hours of notification of the Conduct or Protest Committees decision and include:
 - **A fee in the amount of \$500. This fee may be in cash, cashier's check or money order. Personal checks will not be accepted. Cashiers' checks and money orders must be payable to US Youth Soccer South Region.**
2. Ignorance
 - **A plea of ignorance to the rules of the competition is not sufficient grounds for appeals or protests.**
3. Judgment decisions
 - **Judgment decisions of the referees are not subject to appeal or protest.**

1.6 LAWS OF THE GAME

Except as otherwise provided herein, the rules of US Youth Soccer and FIFA Laws of the Game shall apply.

Wild Card Draw Addendum

(Adopted by Presidents 1/17/2014)

One wildcard team per state, per tournament, will be selected unless no other state can fill the open slot.

Procedure for wildcard selection:

- State notifies the RTC that it will not be able to fill their state's slot in a gender group.
- A wildcard may be selected to fill the open slot.
- Order of selection of wildcards:
 - 1) Host state
 - 2) #1 state in random draw for gender group
 - 3) #2 state, #3 state, etc.

Wild Card Slot #1:

State informs RTC they cannot field a team in a gender (age group does not matter)

- RTC will contact the Host State and offer them the slot;
- Host State can fill the slot;
- Selection complete.

Wild Card Slot #2:

State informs RTC they cannot field a team in a gender (age group does not matter)

- Since the Host State accepted Wild Card slot #1, the State listed #1 random draw is offered the slot and accepts;
- Selection complete.

OR

- #1 in random draw cannot fill the slot, continue to #2 in random draw;
- #2 does not accept;
- #3 does not accept;
- #4 DOES accept;
- Selection complete.

Wild Card Slot #3:

State informs RTC they cannot field a team in a gender (age group does not matter)

- Draw continues from the last "accepted" slot and #5 in the random draw is offered the open spot;
- And so on...

After the entire draw selection has been rotated thru, start at the top with the order of selection, and those states who could not fill the initial slot offered, are given first chance at the open slot. No state may accept a second wild card slot until all other states have refused the option.



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Concussion Procedure and Protocol For US Youth Soccer Events

Concussion: a traumatic brain injury that interferes with normal brain function. Medically, a concussion is a complex, pathophysiological event to the brain that is induced by trauma which may or may not involve a loss of consciousness (LOC). Concussion results in a constellation of physical, cognitive, emotional, and sleep-related symptoms. Signs or symptoms may last from several minutes to days, weeks, months or even longer in some cases.

CONCUSSION SIGNS, SYMPTOMS, AND MANAGEMENT AT TRAINING AND COMPETITIONS

Step 1:

Did a concussion occur?

Evaluate the player and note if any of the following signs and/or symptoms are present:

- (1) Dazed look or confusion about what happened.
- (2) Memory difficulties.
- (3) Neck pain, headaches, nausea, vomiting, double vision, blurriness, ringing noise or sensitive to sounds.
- (4) Short attention span. Can't keep focused.
- (5) Slow reaction time, slurred speech, bodily movements are lagging, fatigue, and slowly answers questions or has difficulty answering questions.
- (6) Abnormal physical and/or mental behavior.
- (7) Coordination skills are behind, ex: balancing, dizziness, clumsiness, reaction time.

Step 2:

Is emergency treatment needed?

This would include the following scenarios:

- (1) Spine or neck injury or pain.
- (2) Behavior patterns change, unable to recognize people/places, less responsive than usual.
- (3) Loss of consciousness.
- (4) Headaches that worsen
- (5) Seizures
- (6) Very drowsy, can't be awakened
- (7) Repeated vomiting
- (8) Increasing confusion or irritability
- (9) Weakness, numbness in arms and legs

Step 3:

If a possible concussion occurred, but no emergency treatment is needed, what should be done now?

Focus on these areas every 5-10 min for the next 1 - 2 hours, without returning to any activities:

- (1) Balance, movement.
- (2) Speech.
- (3) Memory, instructions, and responses.
- (4) Attention on topics, details, confusion, ability to concentrate.
- (5) State of consciousness
- (6) Mood, behavior, and personality
- (7) Headache or "pressure" in head
- (8) Nausea or vomiting
- (9) Sensitivity to light and noise

Players shall not re-enter competition, training, or partake in any activities for at least 24 hours. Even if there are no signs or symptoms after 15-20 min, activity should not be taken by the player.

Step 4:

A player diagnosed with a possible concussion may return to US Youth Soccer play only after release from a medical doctor or doctor of osteopathy specializing in concussion treatment and management.

Step 5:

If there is a possibility of a concussion, do the following:

- (1) The attached Concussion Notification Form is to be filled out in duplicate and signed by a team official of the player's team.
- (2) If the player is able to do so, have the player sign and date the Form. If the player is not able to sign, note on the player's signature line "unavailable".
- (3) If a parent/legal guardian of the player is present, have the parent/legal guardian sign and date the Form, and give the parent/legal guardian one of the copies of the completed Form. If the parent/legal guardian is not present, then the team official is responsible for notifying the parent/legal guardian ASAP by phone or email and then submitting the Form to the parent/legal guardian by email or mail. When the parent/legal guardian is not present, the team official must make a record of how and when the parent/legal guardian was notified. The notification will include a request for the parent/legal guardian to provide confirmation and completion of the Concussion Notification Form whether in writing or electronically.
- (4) The team official must also get the player's pass from the referee, and attach it to the copy of the Form retained by the team.

References:

Kissick MD, James and Karen M. Johnston MD, PhD. "Return to Play After Concussion." Collegiate Sports Medical Foundation. Volume 15, Number 6, November 2005.
[http://www.csmfoundation.org/Kissick - return to play after concussion - CJSM 2005.pdf](http://www.csmfoundation.org/Kissick_return_to_play_after_concussion_-_CJSM_2005.pdf). April 22, 2011.

National Federation of State High School Associations. "Suggested Guidelines for Management of Concussion in Sports". 2008 NFHS Sports Medicine Handbook (Third Edition). 2008 77-82.

<http://www.nfhs.org>. April 21, 2011.



The Game for All Kids!®

Possible Concussion Notification For US Youth Soccer Events

Today, _____, 2____, at the _____
_____ [insert name of event], _____ [insert player's
name] received a possible concussion during practice or competition. US Youth Soccer and Staff
want to make you aware of this possibility and signs and symptoms that may arise which may
require further evaluation and/or treatment.

It is common for a concussed child or young adult to have one or many concussion symptoms.
There are four types of symptoms: physical, cognitive, emotional, and sleep.

If your daughter or son starts to show signs of these symptoms, or there any other symptoms
you notice about the behavior or conduct of your son or daughter, you should consider seeking
immediate medical attention:

- | | | |
|---------------------------------------|-------------------|---------------------------------|
| - Memory difficulties | - Neck pain | - Delicate to light or noise |
| - Headaches that worsen | Odd behavior | - Slow reactions |
| - Vomiting | - Fatigued | - Irritability |
| - Focus issues | - Irregular sleep | - Seizures Patterns |
| - Weakness/numbness in
arms/legs | - Slurred speech | - Less responsive than
usual |
| - Repeats the same answer or question | | |

Please take the necessary precautions and seek a professional medical opinion before allowing
your daughter or son to participate further. Until a professional medical opinion is provided,
please consider the following guidelines:

- refraining from participation in any activities the day of, and the day after, the occurrence.
- refraining from taking any medicine unless (1) current medicine, prescribed or authorized, is permitted to be continued to be taken, and (2) any other medicine is prescribed by a licensed health care professional.
- refraining from cognitive activities requiring concentration cognitive activities such as TV, video games, computer work, and text messaging if they are causing symptoms.



If you are unclear and have questions about the above symptoms, please contact a medical doctor or doctor of osteopathy who specializes in concussion treatment and management. Please be advised that a player who suffers a concussion may not return to play until there is provided a signed clearance from a medical doctor or doctor of osteopathy who specializes in concussion treatment and management.

Player's Team: _____

Age Group: _____

Player Name: _____ Gender: _____

Player Signature: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

Team Official Signature: _____ Date: _____

By inserting my name and date and returning this Notification Form, I confirm that I have been provided with, and acknowledge that, I have read the information contained in the Form. If returning the signed Form by mail, send it to the following address:

9220 World Cup Way, Frisco, TX 75034. If returning this Form by email, send it to the following address: nationaloffice@usyouthsoccer.org.

US Youth Soccer Notification: Yes No If yes, method and recipient:

References:

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