MARK YOUR CALENDARS!

2017 SDSSA AGM & SYMPOSIUM
November 17-19, 2017
Sanford Fieldhouse, Pentagon & Ramkota Hotel
Sioux Falls, SD

Dakota ODP Players Selected to Region II Interregional Events

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THREE DAKOTA ODP PLAYERS
MAKE REGION II ODP TEAMS. SET TO PLAY IN FLORIDA & ARIZONA

Region II Boys ODP Event Roster: Casa Grande, AZ

Region II Boys ODP Event Roster: Bradenton, FL

By Dale Weiler

SDSSA Technical Executive Director

USYSA Region II ODP released the rosters for the 2017 Region II ODP Team events for boys and girl’s born between the years 2004 and 2000. After an ODP season that began with mini camps in South Dakota to players embarking on the Regional Showcase event in St. Louis. Three players from Dakota ODP we’re recognized by their efforts not only in St. Louis but also at the Regional ODP I.D. Camp in Saginaw, MI. We would like to congratulate, Dawson Fairchild (00’), Avery Weishaar (00’) and Jonas Adams (03’) on being selected to attend the ODP Interregional Events this year. The 2000 boys group will be travelling to Bradenton, FL Nov. 30—Dec.3 and the 2003 boys group will travelling to Casa Grande, AZ Nov. 23-27. At these events, players will compete against other Regions in high level games with the opportunity to showcase themselves with some the most talented players in the country and be exposed to top level college coaches and scouts from the United States.

SDSSA reached out Dawson Fairchild to learn about his ODP experience and his excitement to embark on his trip to Florida in a few months time. Please see the interview on the following page.
Name: Dawson Fairchild
Birthyear: 2000
Club: Black Hills Rapids 00/01 Boys
High School: Rapid City Central
Favorite club team: Real Madrid
Favorite club player: Cristiano Ronaldo
Favorite GK: David De Gea
Favorite Men’s National Team Player: Tim Howard & Christian Pulisic
Position: GK

How did you get involved in soccer?
My dad was a coach for a number of years and played when he was growing up. I was always around the game and feel like I was destined to play.

How long have you played ODP?
This would be my 5th year.

What do you enjoy about the ODP Program?
When playing for the state team, it is good exposure and fun to play with players I usually would be against in high school soccer or club soccer.

What was Regional ID Camp like in Michigan?
Camp in Saginaw is always really fun and challenging. I enjoy getting to meet some of the top level players in the region and the coaching staff is incredible. The facilities and the experience is great. One of the challenges is that the guys you are competed against are also the guys you’re playing with.

Why are you excited about the Interregional Trip?
The place we play at is really nice and just the overall level of soccer and the seriousness of everyone.

What are your expectations for the interregional event?
With the thought of college around the corner, I’m really hoping to get exposure from colleges at the event. Participating in ODP is about exposure and getting in front of colleges and Development Academy coaches.

What are you aspirations after you finish high school?
I want to play college soccer at as high a level as possible. I’m interested in studying civil engineering or architecture. I’m also willing to go anywhere to play. Soccer is what drives me.
USYSA Landscape

By Rex Rolfing
SDSSA President

What a summer! All the soccer activities along with the regular stuff made it very busy and exciting. We are still wrapping things up from the Regional Tournament here in Sioux Falls but we are so proud to have hosted the terrific event and look forward to doing it again.

I wanted to inform you all about the changes at USYSA. They, like SDSSA a couple of years ago, were in a very top heavy organizational chart dilemma. They came up with basically the same solution that SDSSA did. They reduced the number of people on the BOD (allowing them to become more of a policy-long range goal organization) and gave significant control of day to day operations to the CEO, Chris Moore. He is charged with carrying out the BOD’s goals and objectives on a day to day basis. Much like SDSSA has said to me and the Executive Director when we went from 23 BOD members to 11. We have streamlined our operation to allow more to get done in a shorter time period all while carrying out the directive of the BOD. It does work!!

Here are some things that are happening as a result of these changes at USYSA:

- BOD size down to 10
- CEO has more authority to make changes
- BOD gives directions for USYSA staff and they carry it out in the best way they can
- Regions are now under USYSA
- There will be a new General Manager of each of the four regions hired and supervised by USYSA.
- No regional directors elected by the Region BOD however we do still have representation on the BOD like always.
- Accounting and finance will all be standardized and under the direction of USYSA

These are some of the significant changes coming our way from USYSA over the next few months. Stay tuned – I will keep you up to date with others. One last thing, Chris Moore (USYSA’s CEO) is coming to our AGM November 17-19 in Sioux Falls. We are planning a super event for everyone from players and coaches to referees and parents. Mark you calendars now.

For the kids

Rex Rolfing – President

Dakota Alliance Soccer Club adds lights to its training facility.

SDSSA Member, Dakota Alliance Soccer Club, welcomed a new addition to their training complex this month! Lights! After years of work and planning, the Harrisburg Training Grounds will be a welcome site as the days get shorter this Fall to ensure players have the ability to train during this tricky time of the season.
In an effort to keep our members educated and aware of best practices in the youth soccer landscape, SDSSA has implemented a new section on our website dedicated to simple yet informative aspects of the game. From information regarding who our referees are in our state to educational tools for coaches and parents to think about, this is a great spot if you are looking to learn and be in the know!

LINK HERE
Off-season Soccer Tips for Conditioning

Emily Hohn, Anytime Fitness

Objectives during the off-season include: maintaining your physical conditioning that was built up over the season. Get better and more conditioned. Get adequate recuperation and recovery from the season. The worst thing you can do during the off-season is nothing! Make sure to work with a coach or trainer on developing a proper strength and conditioning program for the off-season to make sure you are focusing on the proper areas of fitness, while working on injury prevention as well. Aerobic endurance as well as resistance training will be key areas to follow in the off-season months. Running 2-3 times a week would be adequate and not more than 30-40 minutes at a time. Keeping those joints in good health, while maintaining proper endurance conditioning will be important. A resistance training program should be focused on a couple of times a week, in some instances more, and focus a lot on the lower body. The strength program should focus on core stability training, hips, hamstrings, quads, calves, as well as the lower back. Footwork and agility drill should be part of the off-season program as well to help maintain conditioning as well as speed and agility. One last thing that is important to remember during training is rest days. Active rest is very important, so rather than sitting on the couch playing video games one should be outside playing with friends, walking, or doing some light movements on rest days. Proper nutrition and hydration will play an important role as well.

SDSSA Free Clinic Offering in Dell Rapids, SD

On Saturday, August 26th SDSSA travelled to Dell Rapids, SD to put on a free clinic for youth players in the community and other towns interested in learning the game and having fun. With players from Brandon, Dell Rapids, Garretson, Flandreau and even Tyler, MN. It was a great morning full of learning and smiles!

Furthermore, coaches were invited from the communities to watch the clinic, ask questions and learn about the game and connect with SDSSA and it’s mission in growing the game in our state.

Thank you Dell Rapids!
MARK YOUR CALENDARS!

CONNECT. IMPROVE. CELEBRATE.

This year’s SDSSA AGM will include a Symposium to benefit players, coaches, referees, club administrators, parents and soccer enthusiasts.

Be on the look out for information in the next month regarding Special Guests, Seminar Topics, Referee Education, Parent Education, Coaching Education and More!!
September Events

2017 TARGET UNITED CUP
September, 8-10
Mitchell, SD
Entry Deadline, August 18
For Competitive & Recreational Teams, U8-U15

Tempo Fall Classic
October 20-22
Tea, SD
*Entry Deadline Oct. 1
*For Competitive & Recreational Teams, U9-U19

October Events

2017 Yankton Invitational
September, 22-24
Lewis and Clark Soccer Complex

Harvest Days Tournament
October 13-15
Sturgis, SD
*Entry Deadline, Oct 2
*Accepting U8-U12 Teams

2017 BHR Fright Fest
October 20-22, Rapid City, SD
Dakota Fields Sports Complex
*Entry Deadline, September 29th
*Competitive/Recreational Tournament
*U8-U19 Age Divisions