



KANSAS STATE YOUTH SOCCER

www.kansasyouthsoccer.org

"The purpose of the Kansas Youth Soccer Association is to promote, foster, and perpetuate the game of soccer throughout the State of Kansas."

March 12, 2020

COVID-19 Information and Updates

With the evolving crisis regarding COVID-19, more commonly known as the Coronavirus, Kansas Youth Soccer has been closely monitoring the situation. The last 24-48 hours have been the most significant in the history of sports the country has ever seen. As player health & safety is a top priority, we wanted to share actions we have taken and our current recommendations based off of US Youth Soccer (USYS) and U.S. Soccer Federation (USSF) standards.

US Youth Soccer & Kansas Youth Soccer recommendations to clubs:

- Matches requiring significant car travel or air travel be suspended
- Matches which require overnight lodging be suspended
- Local league games, practices, etc. make a decision on a case-by-case basis on holding these activities based on your local community conditions to determine action steps
- If you are not feeling well or show a fever or a cough, do not attend practices or games even to just observe or support your teammates
- Elderly individuals and people with underlying health conditions should avoid large crowds with heavy traffic flow like a soccer complex
- Avoid direct physical contact with others like hand shaking or fist bumping before, during or after games

We are not mandating our member clubs to follow these guidelines, but we are enforcing them ***effective immediately suspending all state-level sponsored activities including Kansas ODP, Coaching Courses and other programs scheduled for the rest of March 2020.*** We will evaluate the situation continually to see where the country, region and state stand against this virus to determine April programs. We have made this decision to exercise caution in the interest of our soccer families here in Kansas.

As we get closer to the 2020 Kansas State Cup, Presidents Cup and Junior State Cup events at the end of May, we will continue to assess the crisis as it changes and make a decision that prioritize the health and safety of our members. It is too early to make any concrete decisions, but we will be working on a contingency plan in case we need to implement them. In the meantime, we strongly encourage each club to develop some contingency plans and to reconsider any travel plans to stay in line with USYS and Kansas Youth Soccer recommendations.

Kansas State Youth Soccer Association
10529 South Warwick St. • Olathe, Kansas 66061 • Telephone (913) 782-6434



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Preventative Measures to Fight Virus

We do of course have recommendations on how to take preventative measures to prevent the spread of the virus. These precautions have been heard and seen multiple times but are vital in order to get back to our normal day to day activities. We are hopeful that we have to take no further actions, but the reality is we need to be proactive and prepared since this is something we simply have not seen in the past. We will keep you updated and post all new recommendations on social media and our website as the environment changes.

Here are some basic rules to help you and your family stay safe:

- Wash your hands frequently with soap and water (at least 20-30 seconds).
- Avoid touching your mouth, eyes or nose with your hands.
- Clean or disinfect all areas of your training area after every use.
- Use alcohol-based sanitizers in addition to frequent hand-washing. Carry small bottles of alcoholic disinfectant to use when hand-washing facilities are unavailable.
- During camps, training and tournaments, maintaining hygiene is extremely important. Clothes should be washed after workouts.
- Support your immune system with a varied, vitamin-rich diet with sufficient vegetables and fruit to help prevent infections. Fruit containing vitamin C, such as oranges or grapefruits, are particularly important.
- Keep hydrated and drink enough to keep mucous membranes moist.
- Flu vaccines are always recommended.
- If an athlete, coach or staff member has symptoms such as coughing, fever or general malaise, they should contact their physician, should NOT attend practice and should be evaluated by your personal physician.

Please know that we are watching the situation carefully and will continue to proactively share updates as they impact our organization. The safety and security of our soccer community is, and always will be, our highest priority.

Sincerely,



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Other Resources:

If you wish to stay informed of any US Government travel advisories, we invite you to review current US State Department Travel Advisories here:

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/>

You can find CDC Travel Health Notices here:

<https://wwwnc.cdc.gov/travel/notices>

Additional information on the Coronavirus and travel can be found at:

CDC Coronavirus FAQ Sheet

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

CDC Travel information

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

WHO

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

FISA

<http://www.worldrowing.com/news/update-the-coronavirus-covid>

[Recommendations from the FISA Sports Medicine Commission Coronavirus \(02/27/2020\)](#)

USOPC

<https://www.teamusa.org/Coronavirus-Updates>

Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE

<https://www.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b48e9ecf6>