

Pullen Insurance Services, Inc.

Provider of Athletic Insurance

Risk Management Services for:

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Clubs

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"Your Athletic Insurance Specialist"

Coaches Safety Checklist



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COACHES CHECKLIST

Prior to each practice or game coaches and their assistants should develop the habit of a safety check with the goal of promoting a safe environment for both participants and spectators.

GOAL POST SAFETY

- ☉ Portable goal posts properly secured and anchored and used on level playing fields
- ☉ Inspect goal post for sharp corners to include general integrity
- ☉ Instruct all players and their parents of the potential dangers associated with movable soccer goals
- ☉ Forbid any horseplay by players or members of the general public on or around any goal post
- ☉ Remove nets when goals are not in use
- ☉ Portable goal posts should only be moved by authorized personnel
- ☉ Anchor or chain one portable goal to another or to a nearby fence when not in use

FIELD SAFETY

- ☉ Inspect for foreign objects
- ☉ Check for pot holes, hills/ruts
- ☉ Make sure sprinkler heads are seated
- ☉ Observe 3' Restraining Line from Touch Line
- ☉ Notify your club and field owners of unsafe field conditions in writing
- ☉ Do not allow participation by your players until noted hazards have been corrected

PLAYER SAFETY

- ☉ Communicate the laws of the game to all players and parents
- ☉ Provide proper supervision at all scheduled activities. Prohibit behaviors that do not promote a safe and healthy experience
- ☉ Make sure shin guards are covered, jewelry removed and shoes are adequate for field conditions
- ☉ Place players together of similar ability
- ☉ Establish travel transportation policies for practices and games. Arrange for supervision of players without rides at conclusion of every practice
- ☉ Remove immediately all players from fields upon approaching severe weather
- ☉ Communicate with all parents your expectations as a coach
- ☉ Know location of nearest emergency health care facility. Know of any special medical conditions of your players
- ☉ Maintain in your possession first aid kit, phone numbers of parents, medical treatment authorization, and cell phone
- ☉ Make sure you or an official on the soccer field has basic first aid training
- ☉ Communicate with parents your expectations in promoting a safe environment. Recruit their assistance

INJURY CLAIMS

- ☉ Maintain a supply of player medical claim forms
- ☉ Obtain and record relevant information about an injury to a player and/or spectator
- ☉ Don't leave a player unattended until transferred to health or security personnel in the pre-authorized manner or released at their own request
- ☉ Don't accept or suggest fault for the incident
- ☉ Don't state that medical bills will be paid. Contact your state association or its designated insurance personnel with any questions.
- ☉ Always give respect and appropriate attention to the injured person
- ☉ Always correct any hazardous situation as soon as reasonable after attending to the injured person