



About UH Rainbow Babies & Children's Hospital

For 125 years, University Hospitals Rainbow Babies & Children's Hospital has been dedicated solely to the care of children. As one of the most renowned pediatric medical centers and a principal referral center for Ohio and the region, UH Rainbow Babies & Children's Hospital physicians provide care for 9,000 inpatients and more than 550,000 outpatients annually. The 244-bed, full-service pediatric hospital is home to 1,300 pediatric specialists and 55 specialty care centers, including Centers of Excellence in hematology/oncology, neonatology, pulmonology, cardiology/heart surgery, neurology/neurosurgery, orthopaedics, gastroenterology, nephrology, urology and diabetes/endocrinology. Offering the most advanced approaches, we are leaders in treating childhood conditions with cutting-edge research, treatment and lifelong follow-up care. Our faculty trains more than 100 pediatricians each year and consistently ranks among the top children's hospitals in research funding from the National Institutes of Health.

Among the nation's leading academic medical centers, University Hospitals Case Medical Center is the primary affiliate of Case Western Reserve University School of Medicine, a nationally recognized leader in medical research and education.



University Hospitals
Rainbow Babies & Children's Hospital
11100 Euclid Avenue
Cleveland, OH 44106

For appointments, call: 216-UH4-KIDS (844-5437)
Request an appointment online: RainbowBabies.org

[Facebook.com/UHRainbowBabies](https://www.facebook.com/UHRainbowBabies) | [Twitter.com/UHRainbowBabies](https://twitter.com/UHRainbowBabies)



Our goal is the same as yours – quick access to high quality medical care and a safe return to sports for your child.



Keeping Your Child in the Game

When it comes to sports, we all want to keep our kids in the game.

When your child experiences a sports-related injury, your primary focus is making sure he or she receives the highest level of care and recovers quickly. There is no better place to get that care than University Hospitals Rainbow Babies & Children's Hospital Pediatric Sports Medicine, where we have extensive experience and expertise in the prevention, diagnosis and treatment of sports injuries in children and adolescents.

Treating Children and Adolescents Is Our Specialty

A child, or even a teen, is not a small adult. Young athletes require special care – by a pediatrician who understands the complexities of a developing body, from growth plates and growth spurts, to coordination issues and the biomechanics of a child's transition to adulthood. Our experience in caring for young athletes of all skill levels has taught us how to better diagnose specific injuries and identify the most appropriate evaluation and treatment for your child.

Our specialists are all board-certified pediatricians who have successfully completed fellowship training in pediatric sports medicine, making our program unique among others in the field and more specialized around the needs of children and adolescents.

Communicating with Kids

Through extensive interaction with children, our experts are skilled in communicating with young patients – on their level. A child who feels comfortable with a physician is more likely to communicate honestly about his or her injury, providing critical information and allowing us to provide a higher level of care.

Continuum of Care

Because our youth athletes grow up to be active adults, we make sure children can continue to see our physicians as they mature, providing a coordinated continuum of care into adulthood.

Providing the Tools for Recovery

While primary care physicians could accurately diagnose an injury or condition, they might not be able to recommend a comprehensive and supportive treatment plan. That is where our sports medicine specialists can help. With their education and experience, they will not only assess the problem, they will determine when it is safe for your child to return to sports and work with you to develop a comprehensive treatment and recovery plan. Our physicians take the next step and help athletes and their families learn to prevent the injury from happening again. They also are accustomed to working with school athletic trainers and coaches and know how to communicate with all the individuals involved in a young athlete's world.

Specialized Expertise, Comprehensive Approach

UH Rainbow Babies & Children's Hospital is consistently ranked among the best hospitals in the nation by U.S. News & World Report.

Our comprehensive team approach means you will receive services and access to the state-of-the-art technology you need in one place, including advanced diagnostic equipment, treatment and recovery plans, and sports-specific physical therapy. If surgery is required, you will have access to the area's most experienced orthopaedic surgery team. With this team in place, our sports medicine program provides everything your child needs, simplifying the process for you.

Additional specialties, all focused on treating your child's injury, include:

- Cardiology
- Exercise Physiology
- Hematology and Oncology
- Musculoskeletal Radiology
- Neurology
- Neuropsychology
- Nutrition
- Ophthalmology
- Orthopaedics
- Pain Management
- Physical and Occupational Therapy
- Pulmonology
- Rheumatology
- Sports Psychology

The vast majority – nearly 90 percent – of sports injuries among kids don't require surgery – but when they do, our surgeons are among the nation's best.

Conditions We Treat

Our pediatric physicians treat a wide range of injuries, from the most common to the most complex, including:

- ACL injuries
- Apophysitis of the pelvis/hip/knee/heel
- Athletes with chronic or acute illness such as infectious mononucleosis, asthma or diabetes
- Athletes with eating issues, menstrual irregularity and/or bone density loss
- Concussion (mild traumatic brain injury) and other head injuries
- Growth plate injuries
- Ligament sprains
- Little League elbow
- Meniscus tears
- Muscle strains
- Nutrition, supplements, ergogenic aids and performance issues
- Osgood-Schlatter disease
- Patellofemoral Pain Syndrome (Runner's Knee)
- Preparticipation sports physicals
- Rotator cuff injuries
- Specialized guidance for youth and women athletes
- Tendinitis

Head Injury and Concussion Specialists

A concussion can pose serious health risks, ranging from brief memory loss to more serious, long-term issues with concentration and memory. A repeat concussion can be especially risky, requiring the most experienced physicians. A child's concussion requires management and treatment that is different from an adult. Our pediatric sports medicine team has the specialized training, experience and most advanced technology needed to recognize and address concussion dangers.

With a team approach that includes neurology, neuropsychology, ophthalmology and psychology, we are setting the national standard for diagnosing and treating sports concussions in children and adolescents. Our sports medicine and injury team also includes Philip Fasteneau, MD, and Christopher Bailey, MD, neuropsychologists who have worked with professional athletes. In collaboration with our highly skilled neuropsychology team, we can help tackle the struggles that go along with post-concussion recovery and help with next steps, including when your child can safely return to school and the playing field.

Staying in the game is important for your child now – but also has a big impact on his or her future health. That's why our physicians provide the tools needed to prevent injury and, when an injury does occur, ensure safe recovery that minimizes the time away from the field, work or school.

Nationally-Recognized Physicians

Our team of physicians is led by:



Susannah Briskin, MD

- Board-certified pediatrician and fellowship-trained sports medicine specialist at UH Rainbow Babies & Children's Hospital
- Assistant Professor of Pediatrics with Case Western Reserve University School of Medicine
- Holds a medical degree from the University of Rochester School of Medicine
- Completed her pediatric residency, serving as Chief Resident, at UH Rainbow Babies & Children's Hospital/UH Case Medical Center
- Completed a two-year sports medicine fellowship at Akron Children's Hospital and earned a Certificate of Added Qualifications in Sports Medicine
- Serves as team physician for Hathaway Brown School
- Active on American Academy of Pediatrics Committee of Sports Medicine and Fitness projects and with the American Medical Society of Sports Medicine Education Committee



Amanda Weiss Kelly, MD

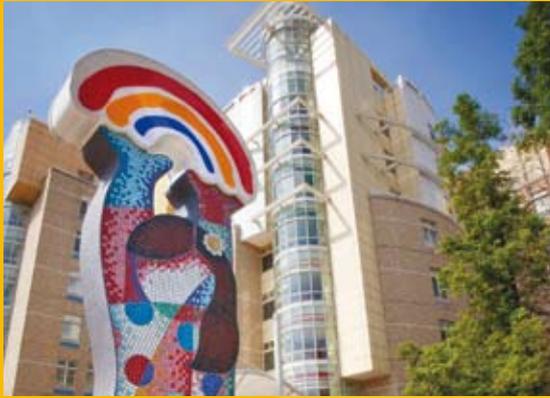
- Board-certified pediatrician and fellowship-trained sports medicine specialist at UH Rainbow Babies & Children's Hospital
- Director of the Pediatric Sports Medicine Department
- Professor of Pediatrics with Case Western Reserve University School of Medicine
- Holds a medical degree from George Washington University School of Medicine
- Completed her pediatric residency at UH Rainbow Babies & Children's Hospital/UH Case Medical Center
- Completed a two-year sports medicine fellowship at University of California Los Angeles and earned a Certificate of Added Qualifications in Sports Medicine
- Serves as team physician for Laurel School
- Sits on the American Academy of Pediatrics Committee of Sports Medicine and Fitness Executive Council and has been named to the 2011 Best Doctors in America® list

Giving Back to the Community

Our specialists aren't just physicians – they're educators, too. In fact, UH Rainbow Babies & Children's Hospital Pediatric Sports Medicine is one of fewer than 10 pediatric programs in the United States that trains fellows, residents and medical students in primary care pediatric sports medicine. Through these programs, we are developing the next generation of sports medicine physicians. You will also find our physicians on the sidelines providing medical coverage at high school, college and club sport events at schools located throughout Northeast Ohio. Our physicians also give back to their communities by speaking to groups of parents, athletes and coaches about sports medicine-related topics. Providing this education is crucial to teaching students how to safely participate in sports.

There's Only One Rainbow

When it comes to sports injuries, UH Rainbow Babies & Children's Hospital Pediatric Sports Medicine has the most advanced diagnostic tools and treatments, nationally and internationally renowned physicians, and a dedicated team of pediatric specialists – all devoted to treating the full range of sports and recreation-related injuries among young people.



Locations

See a UH Rainbow Babies & Children's Hospital Pediatric Sports Medicine physician at convenient locations in several Northeast Ohio communities. All services except physical therapy are offered at each location.

UH Chagrin Highlands Health Center

3909 Orange Place
Orange Village, OH 44122

UH Mentor Health Center

9000 Mentor Avenue
Mentor, OH 44060

UH Twinsburg Health Center

8819 Commons Boulevard
Twinsburg, OH 44087

UH University Suburban Health Center

1611 South Green Road
South Euclid, OH 44121

UH Westlake Health Center

960 Clague Road
Westlake, OH 44145

University Hospitals

Rainbow Babies & Children's Hospital

Main Campus

11100 Euclid Avenue
Cleveland, OH 44106



THOMSON REUTERS

Contact Us

For more information about our comprehensive sports medicine program, call **216-844-3595**.

For an Appointment

Call **216-UH4-KIDS (844-5437)** or schedule online at **RainbowBabies.org**. Doctors Amanda Weiss Kelly and Susannah Briskin attempt to see all new injuries within 48 business hours whenever possible.

