

Wyoming Soccer Association

Coaching Education Opportunities

November 17, 2016



Coaching Education vs Coach Development

The Wyoming Soccer Association Coach Development Program (CDP) is based on one guiding principle: to conduct a comprehensive program of activities & services that meets the needs of all coaches in the association.



Informal Education



“Introduction to Coaching”

Duration – 2 to 3 Hours

Minimum Number of Candidates – 8 for the field session

Cost to Attend – Free

Registration Deadline – 3 days prior to the event



The WSA will offer a coaching clinic, with a classroom/on-line component and a field session, which will provide valuable information to any coach who is just getting starting. Attending this clinic will give the beginning coach with knowledge and practical experience that will assist in running team practices, game day duties and team management.

Coach Clinics

Duration – 1 to 2 Hours

Minimum Number of Candidates – 8 for the field session

Cost to Attend – Free

Registration Deadline – 3 days prior to the event



The WSA will regularly schedule and conduct 1-2 hour clinics, designed to address specific topics or a specific age group of player, in various locations throughout the state. These WSA clinics are FREE to attend, but do require advance registration by interested coaches. Registration will close three days prior to the clinic – and the clinic may be canceled if a minimum number of participants is not achieved.

Coach Clinic Topics

Suggested Field Session Topics

- Organizing the Practice Session
- Great Games for 9-12 Year Old Players
- Zonal Defending
- Creating Scoring Chances

Suggested Classroom Topics

- Tactics for Youth Soccer
- Team Formations and Systems of Play
- Management of a Youth Soccer Team
- Dealing with Youth Soccer Parents



While all WSA Coach Clinics are free to attend, interested coaches are required to register for the clinic they wish to attend. A clinic may be canceled if the minimum number of registrants is not achieved. If a clinic is canceled, those who have registered will be contacted about the cancellation.

Parent Information Clinics

Duration – 2 Hours

Minimum Number of Candidates – N/A

Cost to Attend – Free

Registration Deadline – N/A



The WSA is pleased to offer member clubs with an opportunity to inform and educate parents of the youth soccer players they serve. This clinic will help parents understand the game of soccer, talk soccer with their children and learn how they can best support their children in athletic participation.

US Soccer License Courses



These US Soccer coach licensing courses, delivered by the WSA, represent the pathway to US Soccer's National Coaching Schools. The E and D License courses consist of pre-course assignments as well as attendance requirements and candidate evaluations during the course.

Enrollment in these courses will be open to all interested coaches who have completed the established course pre-requisites and registration guidelines. Registration for the E and D License courses will close 10 days prior to the course start date.



MEMBER

US Soccer License Courses – F License

Duration – Approximately 2 Hours

Minimum Number of Candidates – N/A

Cost to Attend- \$25 (paid to US Soccer)

Registration Deadline - N/A



The on-line F License is accessed by registration to the US Soccer Digital Coaching Center (DCC) (dcc.ussoccer.com) and [selecting the F License Modules. Candidates can complete the course in their own time and print the F License upon completion.](#)

The US Soccer F License is the entry level course for the US Soccer coaching curriculum and is a pre-requisite for enrollment into an E License course.



MEMBER

US Soccer License Courses – E License

Duration – 18 Hours + Pre-Course Work

Minimum Number of Candidates – Flexible if age appropriate players are available

Cost to Attend- \$???

Registration Deadline – 10 days prior to the event



DESCRIPTION

The National "E" license is an 18-hour course, which covers the elementary principles of coaching and prepares interested coaches for the "D" license course.

The National "E" course is administered and instructed by State Soccer Associations. Please contact your State Association for more information on these courses and course schedules.

ELIGIBILITY

The "E" license course is open to all applicants who hold a U.S. Soccer "F" license (Feb. 2015) and who are 16 years of age.

What are the key components of the "E" license course?

Develop the core coaching competencies necessary to effectively teach the 9-12 year old athlete and team.

Understand the characteristics and needs of an athlete in the Basic Stage of U.S.

Soccer's Long Term Athlete Development Model.

Establish a foundation of knowledge and experience in order to proceed through the sequence of coaching development courses.

What are the specific target outcomes of the course?

Understand and effectively apply the principles of Long Term Athlete Development.

Demonstrate competency in planning an age-appropriate training session.

Demonstrate the essential competencies to execute a team training session that is focused on a technical function of the game.

Understand concepts and recognize the principles of attacking and defending in a small-sided game environment (3v3 to 9v9 adaptable to local competition structure).



MEMBER

US Soccer License Courses – D License

Duration – 38 Hours + Pre-Course Work & Deliberate Practice Coaching

Minimum Number of Candidates – Flexible if age appropriate players are available

Cost to Attend- \$???

Registration Deadline – 10 days prior to the event



DESCRIPTION

The National "D" license is a 36 to 40-hour course designed for the experienced coach who has already earned a National "E" license. The focus of this course is to improve a coach's ability to positively influence individual players and teams.

ELIGIBILITY

The "D" license course is open to all applicants who hold a U.S. Soccer "E" license for a minimum of 6-months and who are 16 years of age.

What are the key components of the "D" license course?

Develop the core coaching competencies necessary to effectively teach the 13-14 year old athlete and team.

Understand the characteristics and needs of an athlete in the Intermediate Stage of U.S. Soccer's Athlete Development Model.

Build on the foundation of knowledge and experience in order to proceed through the sequence of coaching development courses.

What are the specific target outcomes of the course?

Teach the Principles of Play in a training environment. (7v7 to 9v9).
Apply the Principles of Play to functional group roles in a full team system.
Plan a sequence of training and weekly cycles to complete a season plan.

The “D” license course is broken into four phases:

I. Preparation Phase

Candidates are required to complete three (3) assigned practical on the field training sessions (see session topics below).

Candidates are required to complete the three assigned training sessions on the U.S. Soccer Session Planner.

Candidates are required to complete a Self Reflection Form for each training session.

II. Instructional Phase (14 to 18 hrs.)

Candidates meet face-to-face with instructors at a course.

III. Deliberate Practice Phase

Candidates are required to complete three (3) assigned training sessions over a minimum of 10 weeks. It is expected that the sessions be evenly distributed through the 10 week period.

Candidates will be assigned the training sessions during the Instructional phase.

Candidates are required to complete the three assigned training sessions on the U.S. Soccer Session Planner:

Candidates are required to complete a Self Reflection Form for each training session.

IV. Performance Review Phase (14 to 18 hrs.)

Final on-field exam.

Candidates have one full year following the completion of the deliberate practice phase to attend any performance review phase to complete the “D” course.

NSCAA Diploma Courses



These US Soccer coach licensing courses, delivered by the WSA, represent the pathway to US Soccer's National Coaching Schools. The E and D License courses consist of pre-course assignments as well as attendance requirements and candidate evaluations during the course.

Enrollment in these courses will be open to all interested coaches who have completed the established course pre-requisites and registration guidelines. Registration for the E and D License courses will close 10 days prior to the course start date.



NSCAA Diploma Courses – 4v4, 7v7/9v9, 11v11

4v4

Duration – 3 Hours

Testing – No

11v11

Duration – 12 Hours

Testing - No

7v7/9v9

Duration – 9 Hours

Testing - No



4 v 4 - This three hour in-person course is designed for coaches with players ages 8 and under. The curriculum is packed with age-appropriate training activities around a 4v4 game structure.

7v7/9v9 - This combined course for the next level of coaching is a nine hour in-person course focused on the 9-12 year old player. Content highlights player development, principles of play, technique, and tactics with small-sided games.

11v11 - Moving up the continuum of age levels to the 13 and above player, this Diploma is designed for an intermediate coach. It is a 12 hour in-person course focused on the 11v11 game with topics including the modern numbering system, formations and systems of play, player competencies and defensive and offensive tactics.



NSCAA Advanced Diplomas

- National Diploma – 7v7 Model – Prerequisites – 11v11 Diploma/E License
- Advanced National Diploma - 9v9 Model - Prerequisites – National Diploma/D License
- Premier Diploma – 11v11 Model - Prerequisites – Advanced National Diploma, USSF B



National Diploma - The overall objective of the National Diploma is to acquaint the coach with the needs of soccer players and provide an organized and progressive methodology of coaching those needs. Basic technical and tactical knowledge is the central theme of the course in a 7v7 model. The course includes sessions on the teaching process, psychological skills training and Laws of the Game.

Advanced National Diploma - The Advanced National Diploma emphasis is on training those players within a team concept designed to produce a successful environment. The 9v9 model is the main focus. The curriculum includes team organization and training, advanced methodology, analysis and understanding systems of play, a focus on tactics within thirds of the field, technical position overviews, match analysis and the psychological aspect of coaching.

Premier Diploma - The Premier Diploma is the pinnacle of the Residential Academy offerings. The course content includes a thorough examination of different systems of play, including: technical and tactical implications; 11v11 topics, including coaching in the game, phase play and shadow play; nutrition; sportsmanship/ethics; and a leadership component including team management, personal development and the coach's role in game development in his/her community.



National Youth Coaching Course

- January 18 – 22 – Laramie
- Cost - \$1000
- Duration 5 Days
- <https://www.gotsport.com/asp/application/reg/Default.asp?ProgramID=53757&Type=COACH>



The National Youth Coaching Course is designed to provide club directors of coaching, youth coaches, physical education teachers, and soccer administrators with the knowledge to successfully structure soccer environments for children aged 4-12.

The role of the coach as a facilitator is explored; the physical, mental and emotional needs and capabilities of players from 4-12 are explored; the lessons from developmental psychology are explored; and the art of teaching is explored. Candidates are videotaped for analysis during live training sessions.

How to Request a Course

<https://www.gotsport.com/forms/open/default.asp?FormID=1584>



Thank You!!!

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