



# Player Training Schedule

Casper Soccer Complex---1701 E K St, Casper, WY

**Bring to every session:**

*Soccer ball, sunscreen, bug spray, water bottle, any medical supplies*  
*Check in prior to your session **with your team.***  
*Gear will be handed out Saturday AM.*

**Saturday, October 6, 2018--White Jersey ,Black Shorts, White Socks**

Time	Age Groups	
<b>8:00-9:30am</b> <b>ODP</b>	ODP Player Invitees Training Fields 7, 8, 9 <u><b>Parent/Player Meeting to follow</b></u>	
<b>10:00-11:30am</b> <b>307 Select</b> <i>Attacking Principles</i> <i>Goalies first 30 min</i>	2009 Boys and Girls Field 10 2008 Girls Field 11E 2007 Girls Field 11W	2007/2008 Boys Field 9 2003 Boys Field 8 2000-2003 Girls Field 7
<b>11:45-1:15pm</b> <b>307 Select</b> <i>Attacking Principles</i> <i>Goalies first 30 min</i>	2006 Girls Field 9 2005 Girls Field 9 2004 Girls Field 8	2005 and 2006 Boys 7 2004 Boys Field 7 2000-2002 Boys Field 8
<b>1:30-3:00pm</b> <b>307 Select</b> <i>Defensive Principles</i>	2009 Boys and Girls Field 10 2008 Girls Field 11E 2007 Girls Field 11W	2007/2008 Boys Field 9 2003 Boys Field 8 2000-2003 Girls Field 7
<b>3:15-4:45pm</b> <b>307 Select</b> <i>Defensive Principles</i>	2006 Girls Field 9 2005 Girls Field 9 2004 Girls Field 8	2005 and 2006 Boys 7 2004 Boys Field 7 2000-2002 Boys Field 8
<b>5:00-6:00pm</b>	<b>All Teams--Coaches Choice--307 Select</b> *same fields as training	
<b>6:15pm - 7.30pm</b>	<b>Coach Education--Food provided, at Clubhouse</b>	

**Sunday, October 7, 2018--Gray Jersey, Black Shorts, Black Socks**  
*Game Situations*

<b>8:30-10:00am</b> <b>307 Select</b>	07 Girls vs 08/09 Girls Field 10 06/07 Boys vs 08/09 Boys Field 11E	2005 G vs 2006 Girls Field 7 2005 Boys vs 2004 Boys Field 8
<b>10:15-11:45 am</b> <b>307 Select</b>	00-02 Boys vs 2003 Boys Field 7	00-03 Girls vs 2004 Girls Field 8