



# Player Training Schedule

IPF, University of Wyoming, Laramie, WY

**Bring to every session:**

*Soccer ball, water bottle, any medical supplies*  
Check in prior to your session **with your team.**

## Saturday, December 29, 2018--Gray Jersey, Black Shorts, Black Socks

Time	Age Groups	
7:30am-8:45am	2004/05 Boys ODP	2007-2009 Girls
8:45-10:00am	2007-2009 Boys 2005 Boys	2005 Girls 2006 Girls
10:00-11:15am	2000-2003 Boys 2006 Boys	2000-2004 Girls
11:15-12:30pm	2004/05 Boys ODP	2007-2009 Girls
12:30-1:15pm	Lunch	
1:15-2:30pm	2007-2009 Boys 2005 Boys	2005 Girls 2006 Girls
2:30-3:45pm	2000-2003 Boys 2006 Boys	2000-2004 Girls
3:45-5:00pm	2004/05 Boys ODP	Technical Circuit--All Ages
5:15pm - 6:30pm	Coach Education--11v11 Grassroots 725 Skyline Dr, Laramie, WY, 82070	

## Sunday, December 30, 2018--Gray Jersey, Black Shorts, White Socks *Game Situations*

8:00-9:30am	2004/05 ODP Boys vs. 2003 Boys	
9:30-11:00am	2005 Boys vs 2006 Boys	07-09 Boys vs 07/09 Girls
11:00-12:30pm	00-02 Boys vs 00-04 Girls	2006 vs 2005 Girls
11:00-12:30pm	2004/05 Boys ODP Classroom Session	