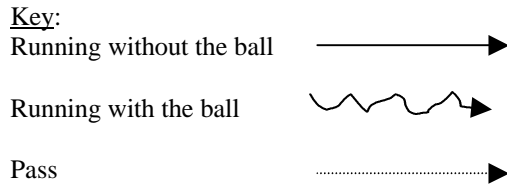

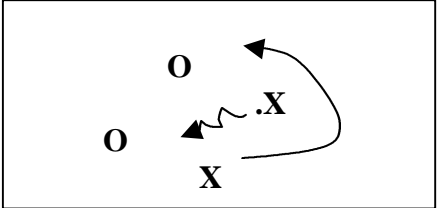
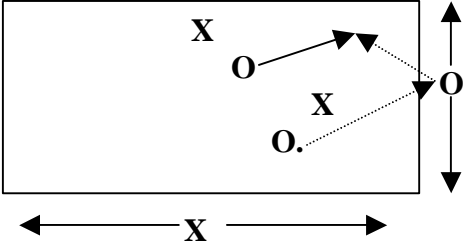
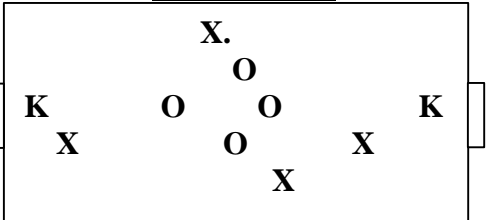


TOPIC: Passing and Support:
(laying the groundwork for
combination play)
 U10's



Coach Name: Tom Turner, Region II
 Girls Head Coach

<u>ACTIVITY 1</u>	<u>ORGANIZATION</u>	<u>KEY COACHING POINTS</u>
	<p>Small sided game (2 teams) (Players added as the kids arrived to start practice)</p> <ul style="list-style-type: none"> A typical street soccer environment 	<ul style="list-style-type: none"> ✓
<p align="center"><u>ACTIVITY 2</u></p> 	<p>2 v 2 to Targets</p> <ul style="list-style-type: none"> End players play to own colors (team) Play into the end players (targets) for a goal 	<ul style="list-style-type: none"> ✓ Movement without the ball ✓ When to pass or dribble ✓ Can I score? ✓ Look to penetrate by passing, dribbling, combining.
<p align="center"><u>ACTIVITY 3</u></p> 	<p>2 v 2 Keep away</p> <ul style="list-style-type: none"> Use players on outside Movement by players on outside along the line Method of scoring is to connect in 3's. If they connected in 2's they still keep possession, but no goal. 	<ul style="list-style-type: none"> ✓ Can they involve 3 players? When ball is played to outside player, the ball is played back into 3rd player. ✓ Move to receive the ball ✓ Head up (vision)
<p align="center"><u>ACTIVITY 4</u></p> 	<p>5 v 5 with goalkeepers 20x30 yards</p> <ul style="list-style-type: none"> Free play 	<ul style="list-style-type: none"> ✓ Movement to support. ✓ Can you see the ball and your teammates? ✓ Is your shape as "BIG" (spread out) in possession and "small" out of possession