



## US Soccer Player Development Initiatives Nebraska State Soccer 2018-2019 Season

BIRTH YEAR AGE GROUP	5U 2014	6U 2013	7U 2012	8U 2011	9U 2010	10U 2009	11U 2008	12U 2007	13U 2006	14U 2005	15U 2004	16U 2003	17U 2002	18U 2001	19U 2000
<b>FIELD SIZE</b>	L 25-35 W 15-25	L 25-35 W 15-25	L 25-35 W 15-25	L 25-35 W 15-25	L 55-65 W 35-45	L 55-65 W 35-45	L 70-80 W 45-55	L 70-80 W 45-55	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA
<b># OF PLAYERS ON FIELD</b>	4V4	4V4	4V4	4V4	7V7	7V7	9V9	9V9	11V11	11V11	11V11	11V11	11V11	11V11	11V11
<b>GOALKEEPER</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>HEADING</b>	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>BUILD OUT LINE</b>	No	No	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No
<b>MATCH TIME</b>	4 x 10 min	4 x 10 min	4 x 10 min	4 x 10 min	2 x 25 min	2 x 25 min	2 x 30 min	2x 30 min	2 x35 min	2 x 35 min	2x 40 min	2 x 40 min	2 x 45 min	2 x 45 min	2 x 45 min
<b>BREAK PERIOD</b>	5 min	5 min	5 min	5 min	10 min	10 min	10 min	10 min	15 min	15 min	15 min	15 min	15 min	15 min	15 min
<b>BALL SIZE</b>	3	3	3	3	4	4	4	4	5	5	5	5	5	5	5
<b>GOAL SIZE</b>	H 4 W 6	H 4 W 6	H 4 W 6	H 4 W 6	H 6 W 18	H 6 W 18	H 6 W 18	H 6 W 18	H 8 W 24	H 8 W 24	H 8 W 24	H 8 W 24	H 8 W 24	H 8 W 24	H 4 W 24
<b>OFFSIDE</b>	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>MAX ROSTER SIZE</b>	8	8	8	8	14	14	18	18	22	22	22	22	22	22	22
<b>*US YOUTH PDIs</b>	6	6	6	6	12	12	16	16	18	18	18	18	18	18	18

\*For teams traveling to other states – you may be required to follow the roster size of the US Youth PDI recommendations.

\*11/12 age group the goal size is recommended, but 7 x 21 is allowed still per the PDI