RB passes to the CM, who checks back at an angle opening up to receive the ball across their body.
* RM checks out upon making eye contact with the CM. And opens up their body to receive the pass from the CM.
* RM passes the ball to the CF on the dribble, who carries the ball across to the other side.
* After each pass the players follow their pass to the next cone.
* Complete patterns going on both sides and once the players become comfortable with the passing pattern, have them go in the opposite direction.

* RB passes to the CM, who keeps their body closed but strongly encouraged to get into the habit of looking over their shoulder.
* CM plays the ball back to the RB who has started to make a small run forward.
* As the RB receives the ball the RM opens up to the sideline, encouraging the RB to play a driven pass into their feet across the body.
* RM passes the ball to the CF on the dribble, who carries the ball across to the other side.
* After each pass the players follow their pass to the next cone.
* Complete patterns going on both sides and once the players become comfortable with the passing pattern, have them go in the opposite direction.
* CM checks back to receive the ball from the Right Back
* RM moves out and faces the RB
* RB plays a long ball down to RM
* RM plays the ball back to the CM
* CM passes the ball to the CF on the dribble, who carries the ball across to the other side.
* After each pass the players follow their pass to the next cone.
* Complete patterns going on both sides and once the players become comfortable with the passing pattern, have them go in the opposite direction.