

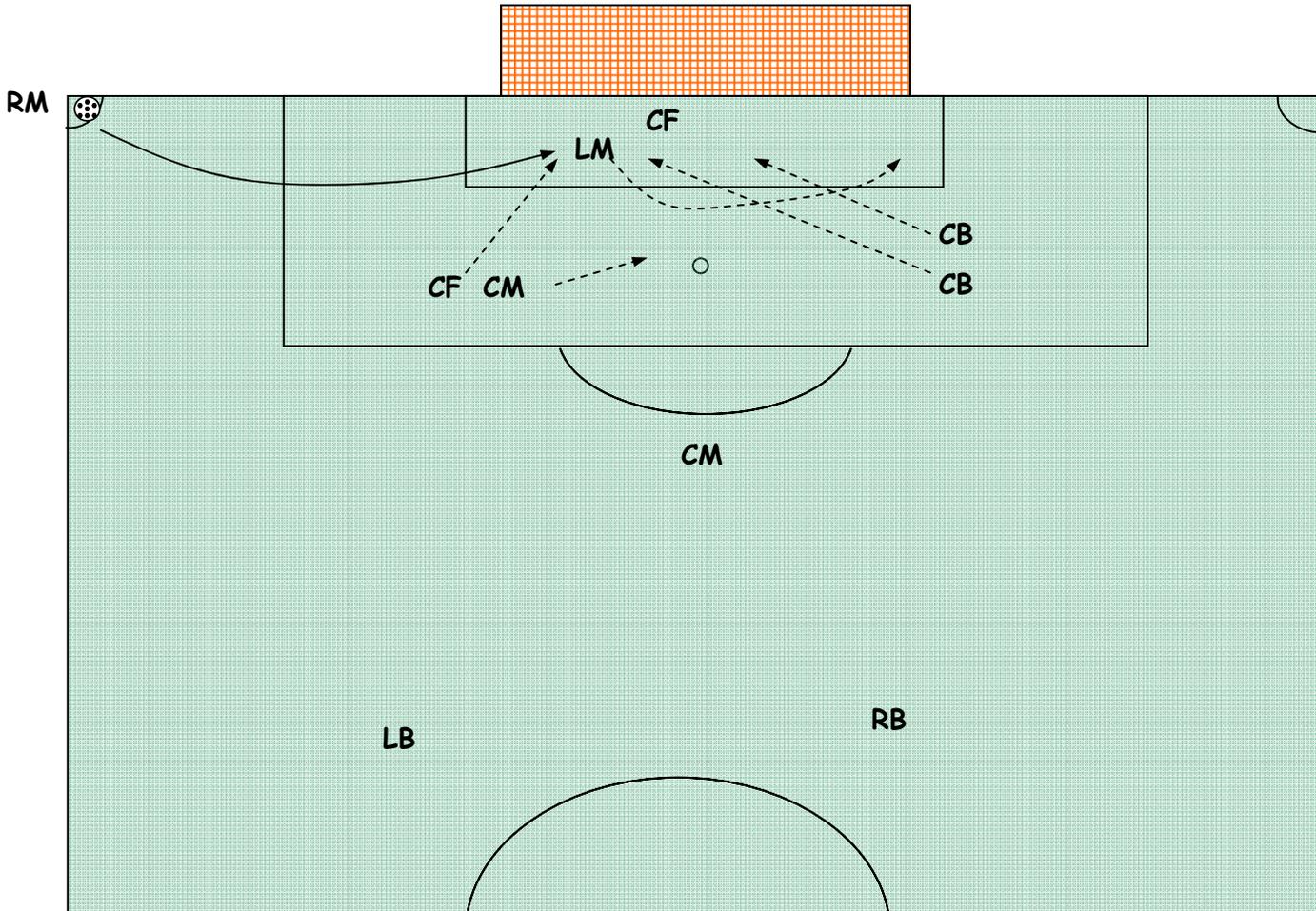


**Kentucky Youth Soccer Association
Coach Education Lesson Plan**



Subject = In-Swinging Corner One

Coach = Adrian Parrish



Description

- * RM or RB takes the corner from the left. If the corner is on the right the LM or LB will take the corner
- * Smaller of the CF stands in front of the GK
- * The LM starts in the six yard box, closer to the front post as seen in the diagram above
- * The other CF and a CM start just off the front post about 12 yards out.
- * Both CB's start at the back off the six yard box about 8-12 yards out.
- * The other CM starts and remains on the top of the 18 yard box
- * Both Full Backs remain back if not taking the corner

Movement

- * RM swings the ball in to the near post area
- * LM peels off and goes to back post
- * The small CF stays in the six yard box attempting to make it difficult for the GK to claim the ball
- * The other CF attacks the front post, where the ball is being delivered
- * The two CB's attack the middle to the front of the six yard box
- * The CM inside the six yard box moves towards the Penalty spot to keep the ball in the area should anything bounce out

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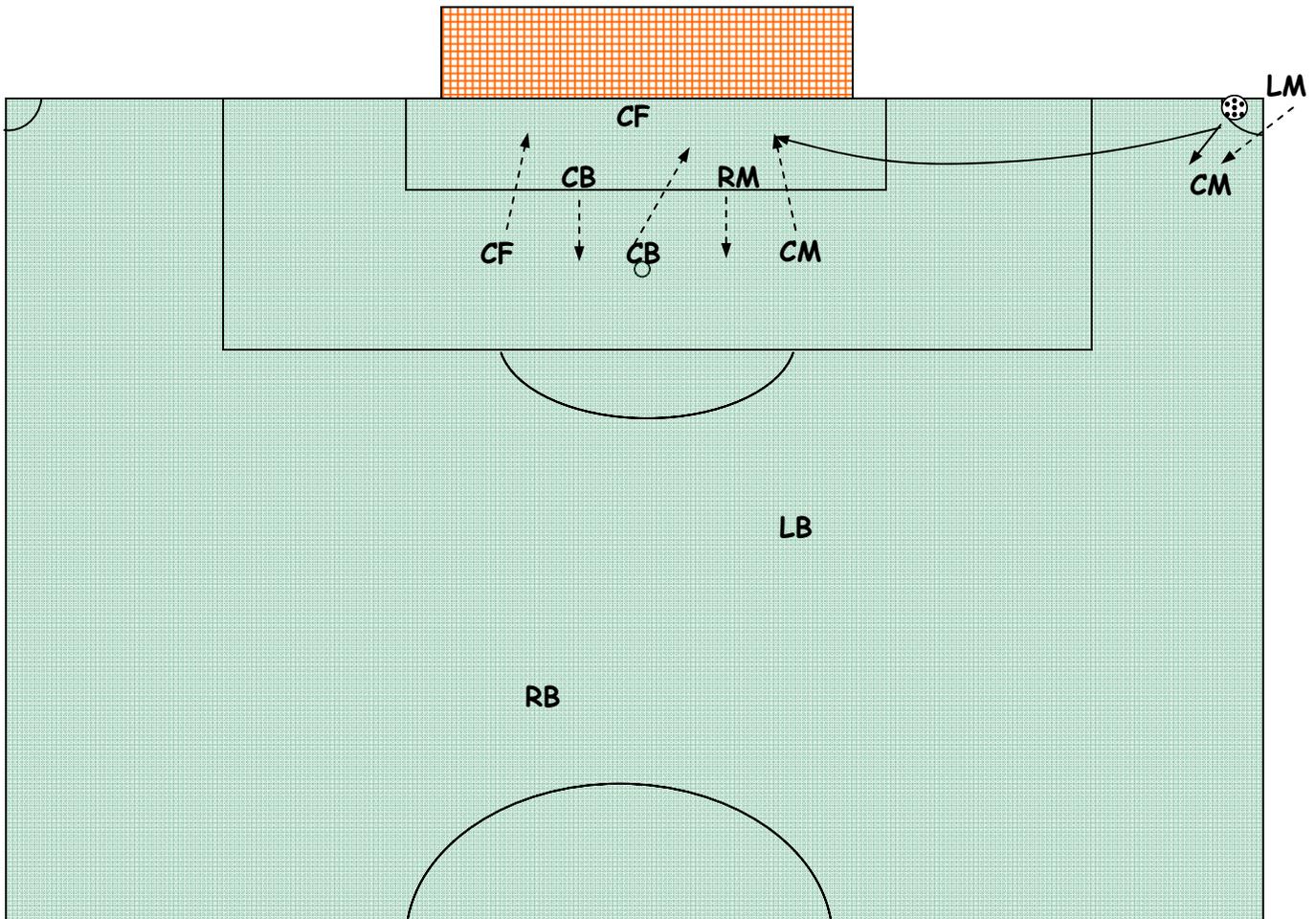


Kentucky Youth Soccer Association
Coach Education Lesson Plan



Subject = Short In-Swinging Corner

Coach = Adrian Parrish



Description

- * LM and CM both go to take the corner
- * One CF stands in front of the keeper
- * Two players start on the top of the six yard box. In this case it is one of the CB's and the RM.
- * Three players start 12 yards out, one in the middle and the other two slightly in from the post.
- * Two players remain back, depending on how many the opposition leave forward. If the opponents pull everyone back than one player can go and stay on the top of the 18 yard box.

Movement

- * LM plays a short pass the CM who put their foot on top of the ball. LM follows pass and plays the ball into the near post area.
- * One CF stays in the six yard box attempting to make it difficult for the GK to claim the ball
- * The two players on top of the six yard box move out back towards the penalty spot
- * The three players around the penalty spot attack into the six yard box at the posts and centrally.
- * Players do not make their runs until the ball is touched/delivered into the area by the corner taker

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