**Kentucky Youth Soccer Association**  
**Coach Education Lesson Plan**

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**Topic:** Combination Play

### UNRESTRICTED SPACE – WARM UP

- Half the group on the outside as wall players
- Other half in the middle with a soccer ball each
- Players in the middle execute the following combinations:
  1. Give & Go
  2. Wall Pass
  3. Switch
  4. Over-Lap

**Organizations:**

**Key Coaching Points:**

- Quality of the pass
- Receivers body shape
- Communication
- Visual Clues

### RESTRICTED SPACE

- 2v2 + 1
- Players play in their own half of the area
- Try to combine to score
- One player from the attacking team joins to combine with partners

**Organizations:**

**Key Coaching Points:**

- Recognition
- Timing, angle and distance of support
- Quality of passing
- One or two touch play

### ONE GOAL WITH COUNTERS

- 5v3 or 6 v 4 or 7 v 5
- Play on half a full sized field
- Attacking team plays to big goal
- If defensive team wins the ball they play to the counter goals

**Organizations:**

**Key Coaching Points:**

- Speed of Play
- Pro-Active Runs
- Third Player Runs
- Support in front of the ball
- Back to goal play
- Decision Making

### GAME WITH TWO GOALS

- 5 v 5 plus GK's
- Unrestricted Game

**Organizations:**

**Legend:**

- ○ ○ ○ ○ ＝ Players
- ▲ = Cone
- ○ = Ball
- Goal
- Pass
- Run with out the ball

### COOL DOWN

Players in pairs pass the ball around in an area, Stretch