Session Objectives:
Technical (Individually) Ability to possess and circulate ball as well as play balls forward with confidence; quickly change from possession play to finishing.

Tactical (Collectively) Maintaining team shape and movement of up-front players to find space between the lines in order to receive a pass; use of combination play to achieve penetration on flanks or centrally.

Activity Organization
To score four players must break imaginary line between two opponents 3 times; defender touches ball they change and go onto team of four.

Coaching Points:
- a) Body position open to field;
- b) vision to see gap between defenders before ball arrives;
- c) ball circulation to open space between the two opponents;
- d) quality of 1st touch to collect, prepare and protect ball if necessary;
- e) accuracy of pass to break line;
- f) ability to adjust supporting position quickly as ball moves,
- g) movement of player in advance of the ball to show in the "gap" for thru pass.

Activity Organization
Group of three must make one pass in their end before attempting to break line with pass; if defending team wins ball they pass ball to opposite end of grid and game restarts; subs enter at end of each 2 min game; center defending line changes after two rounds; team breaking line gets 3 points for ball played between two defenders and 1 point for ball played between defender and touch line.

Coaching Points:
- a) always take supporting position that will allow you to play forward;
- b) first touch must prepare ball in front of you to play forward quickly;
- c) constant vision of field - do not just follow the ball as it doesn’t provide the most information;
- d) eye contact between ball carrier and player behind defending line to time pass and run;
- e) speed of passing important to open gap up between defenders;
- f) if not able to break line keep ball moving and retain possession.
Kentucky Youth Soccer Association
Soccer Learning University
Coach: Tim Carter = Academy Director Minnesota United
Topic: Collective Passing to Advance

Activity Organization
Each team takes shape of 1-3-1; End players only limited to 2<; ball returned to play with kick-in; three points for team in possession connecting both targets. Progressions: Breaking line with pass required before playing to target player. Must play into deep player before playing into target player

Coaching Points:
- a) maintain shape and supporting positions/angles to player in possession;
- b) ball circulation to open space up between opponents and well as use of width when in possession;
- c) eye contact between ball carrier and player behind line and in gap;
- d) timing of movement into space for pass;
- e) constant scanning of field to see positioning of opponents and the opening of space;
- f) don’t play and stay - move to new supporting position to advance attack

Activity Organization
OSL in effect; Attacking team transitions to defending target players and small goals on loss of possession; defending team cannot score directly on small goals but must play into target player first; shape of attacking team is 2-1-3 versus 3-2

Coaching Points:
- a) #6 and #8 look to break lines by finding players in advance of ball;
- b) use of width and playing wide in order to open up space centrally that will allow them to play into;
- c) movement of front player to come off opponent into the space existing between lines for a pass;
- d) use of 2 or 3 player combinations to aid in breaking a line and penetrate;
- e) movement of front players to come for pass to feet or for pass into space behind the back line;
- f) runs of players into the box for service, e.g., near post, far post and near post top of box, and;
- g) composure to finish in and around the box.