4-4-2 Option 2: England National Team

**STRENGTHS**
* Four options for goalkeeper means easy for the team to play out of the back
* Lends itself well to a possession game with patient build up
* Two wide midfielders help team with width in the attack
* One of the forwards can be used as a target player, means that direct passes can be used
* Big spaces in attacking half of the field for midfield and defenders to flood into

**WEAKNESSES**
* Difficult to put opposition under pressure in their defensive third
* High level of fitness and understanding required of all players
* Can lead to attacking players being isolated with no support
* Need key personalities with pace, high levels of fitness and the ability to deliver good passes and crosses into the attacking third (wide players)
* Defenders need to understand the moments when to join the attack