Kentucky Youth Soccer Association
Systems of Play 11 v 11

4-4-2 Option 1: French National Team

**STRENGTHS**

* Four options for goalkeeper means easy for the team to play out of the back
* Easier to play with flat back 4 and no sweeper
* Two wide midfielders help team with width in the attack
* Attacking midfielder playing in behind the front two may have a lot of space to play in
* Big spaces in attacking half of the field for midfield and defenders to flood into
* Three midfielders pinched in front of back four provides team with good defensive integrity
* Due to midfielders pinched in, it allows good space for fullbacks to overlap into the attack

**WEAKNESSES**

* Unless fullbacks get forward can lead to teams attacking with no width
* Difficult to put opponents under pressure in their defensive third
* Need key attacking midfield personality with the ability to unlock a defense with good dribbling skills, intelligent passing, dangerous runs and a range of shooting
* Defensive shape means susceptible to teams with good attacking width
* Attacking midfielder must defend intelligently without losing their attacking effectiveness
* Can lead to a team being dominated in midfield in the defensive midfielder is not disciplined

Website: [www.kysoccer.net](http://www.kysoccer.net)  Telephone: 859-268-1254 ext 14  Email: adrianpamish@kysoccer.net

© Kentucky Youth Soccer Association All rights reserved. No commercial reproduction, adaptation, distribution or transmission of any part or parts of lesson plan or any information contained, herein by any means whatsoever is permitted without the prior written permission of Kentucky Youth Soccer Association