

FYSA Heading Guidelines

FYSA Presidents Cup & State Cup Heading Guidelines Statement

Based on the FYSA Heading Guidelines, players are not permitted to participate in a heading division until they reach the age of 11. The FYSA Presidents and State Cup competitions will only have divisions that permit heading. The FYSA board and competition committee will allow for players who wish to compete in State Cup and Presidents who are 10 years old to be rostered prior to roster freeze. However, these players will not be able to participate in Cup play until they reach their 11th birthday. The coach/team will be responsible for following this policy and will accept the sanctions below if this is found to occur.

The violation for a player participating in a cup competition prior to the age of 11 would be:

- The coach would be suspended for the remainder of the current seasonal year plus the next seasonal year.
- The player would be suspended from all cup play for the remainder current season.
- The team would be disqualified from the competition.

Rostering Logistics

In most cases, the players will need to request for the player to play up to be added to the roster.

Submissions may be made **ONLY** through [GotSoccer](#). ***The playing up form cannot be used for Cup play.***

Playing up submissions need to be submitted by Tuesday and will be reviewed on Wednesday as players have to be manually added to the particular rosters. Plan ahead as late submissions may not be able to be processed.

Players must be approved at the club level prior to the review at the FYSA-State level. In order to approve it at the club level, you go to your GotSoccer page. Click on the Club tab and on the right-hand side you will see the player's name. Click on their name and then from a club level you will either click approve or deny based on the club's determination. A request cannot be reviewed until the club approves them to play up.

The playing up rule applies to the team code the player is rostered to but does not apply to the league or other event age divisions that the actual team participates in.