



D2 pre-course requirements

Requirements:

1. Eligibility
 - a. D1 completed
 - b. D practice phase and mentor observation completed and email to coachingcourses@fysa.com
 - c. 10 weeks between D1 and D2
 - d. Register online through the link provided on our website.
 - e. 'D2' pre-course assignments sent to coachingcourses@fysa.com 2 WEEKS BEFORE COURSE
2. Pre-course assignments
 - a. There are 5 assignments that must be completed and sent to the FYSA Coaching Department before a coach is eligible to attend a 'D2' license coaching course.
 - b. ALL assignments must be submitted by the course deadline date which is 2 weeks prior to the start of the course.

**Incomplete applications will NOT be accepted into the course

** It is estimated that these assignments may take 4-8 hours to complete

Assignments submission methods:

Email (preferred): coachingcourses@fysa.com

Fax: 863 268 8221

**When submitting your assignments to FYSA, please be certain to list your name as it is registered with FYSA and include your date of birth.

ASSIGNMENT #1: Concussion II Module

- Complete of the 'Concussion II' online module that can be found [HERE](#). A completion confirmation will automatically be sent to FYSA.

ASSIGNMENT #2: Session Planner

- Choose 1 attacking topic, 1 defending topic and 1 goalkeeping topic from the topics below:
 - Attacking
 - Improve your team's ability to build up from the defensive half
 - Improve your team's ability to create scoring chances from wide positions
 - Improve your team's ability to build up using wide players
 - Improve your team's ability to build up through the midfield
 - Improve your team's ability to create scoring chances from central positions
 - Defending
 - Improve your team's ability to recover the ball in the defensive half
 - Improve your team's ability to recover in the attacking half
 - Improve your team's ability to defend against the counter-attack
 - Improve your team's ability to defend against wide attacking play
 - Improve your team's ability to defend zonally
 - Goalkeeping
 - Improve your goalkeeper's angle play and starting position
 - Improve your goalkeeper's shot-stopping to include diving
- PLAN your 3 chosen topics using the lesson planner found [HERE](#).
 - A tutorial for US Soccer standards in lesson design using the lesson planner can be found [HERE](#).

ASSIGNMENT #3: Obtain a mentor

- 1 of the 3 lessons MUST BE formally OBSERVED by a mentor approved by FYSA. Please fill out a mentor form found [here](#). This mentor will conduct a written performance review found [here](#) with the candidate. Email this assessment to coachingcourses@fysa.com.

ASSIGNMENT #4: Conduct the sessions

- CONDUCT your 3 chosen topics (that you planned with your session planner) with a U13-U15 team(s). Sessions conducted with teams younger than U12 will NOT be accepted.

ASSIGNMENT #4: Self Evaluations

- Evaluate yourself on the 3 sessions you created using the lesson planner/self eval. sheet above and email to coachingcourses@fysa.com.