

## D1 pre-course requirements

### Requirements:

1. Eligibility
  - a. Must have held an 'E' license for at least 6 months in order to take a 'D' license.
  - b. Copy of 'E' license sent to [coachingcourses@fysa.com](mailto:coachingcourses@fysa.com)
  - c. Register online through the link provided on our website in GotSoccer and the DCC.
  - d. 'D1' pre-course assignments submitted through the DCC 2 WEEKS BEFORE COURSE
2. Pre-course assignments
  - a. There are 4 pre-course assignments that must be completed and submitted through the DCC.
  - b. ALL assignments must be submitted by the course deadline date which is 2 weeks prior to the start of the course.

\*\*Incomplete applications will NOT be accepted into the course

\*\*It is estimated that these assignments may take 4-8 hours to complete

### Assignment submission method:

Please complete and submit all pre-course assignments through the [US Soccer Digital Coaching Center](#) (DCC).

- ASSIGNMENT #1:       **Laws of the Game**
- ASSIGNMENT #2:       **Concussion Awareness**
- ASSIGNMENT #3:       **Deliberate Practice Initial**
- ASSIGNMENT #4:       **Medical Waiver**

- Please fill out a medical waiver that can be found [HERE](#) and email to [coachingcourses@fysa.com](mailto:coachingcourses@fysa.com)

### **NOT PRE-COURSE WORK:**

- ASSIGNMENT #5:       **Practice Coaching during weekend one not pre course [During weekend]**
- ASSIGNMENT #6:       **Self Reflection Practice Coaching [During weekend]**
- ASSIGNMENT #7:       **Deliberate Practice Development [After D1 weekend]**