



## Iowa Soccer League Level 3 Central - Standards

	11U and 12U	13U and 14U	16U	19U	13U and 14U small sided 7v7	16U and 19U small sided 7v7
Field:Length Range	70-80	100-120	100-120	100-120	70-80	70-80
Field:Width Range	45-55	55-80	55-80	55-80	45-55	45-55
Number of Players	9v9	11v11	11v11	11v11	7v7	7v7
Maximum Roster Size	16	22 max 18 "game active"	22 max 18 "game active"	22 max 18 "game active"	14	14
GK	Yes	Yes	Yes	Yes	Yes	Yes
Playing Time (Minutes)	2x30	2x35	2x40	2x45	2x35	2x40
Break Time (Minutes)	10	15	15	15	10	10
Ball Size	4	5	5	5	5	5
Goal Size (Feet)	6.5x18.5	8x24	8x24	8x24	6.5x18.5	6.5x18.5
Offside	Yes	Yes	Yes	Yes	Yes	Yes