



# WINTER INDOOR: **PHASE 4\***

Phase  
4

- May resume under these Phase 4 Protocols on December 11, 2020
- Use indoor facility guide first to assess risk score of playing area
- Training group size dictated by facility assessment
- Masks and 6 feet of physical distancing required at all times for coaches and spectators



## FACILITIES

- > Indoor facility must be assessed using the Iowa Soccer Facility Assessment Resource Guide, found on Covid-19 webpage at IowaSoccer.org



## PLAYERS

- > Stay home if don't feel well or if have had known exposure to Covid-19
- > Masks required at all times, including while playing
- > Don't come into physical contact with another person or his/her equipment (no high fives, etc...)
- > Bring and use hand sanitizer



## COACHES

- > Stay home if don't feel well or if have had known exposure to Covid-19
- > Masks and 6 feet of physical distancing required at all times
- > Training group size per facility assessment
- > Reinforce proper mitigation behaviors
- > Only one coach should handle equipment, sanitize after every session



## PARENTS & SPECTATORS

- > Stay home if don't feel well or if have had known exposure to Covid-19
- > Spectators discouraged, however maximum of 2 spectators allowed per participant
- > Masks and 6 feet of physical distancing (aside from a second spectator) required at all times



# WINTER INDOOR: PHASE 2\*

## Phase 2

- May resume under these Phase 2 Protocols on December 1, 2020
- Use indoor facility guide first to assess risk score of playing area
- Training groups up to no more than 15 (players + coaches); fewer if area too small for 6' separation
- Masks and 6 feet of physical distancing required at all times for players and coaches



### FACILITIES

> Indoor facility must be assessed using the Iowa Soccer Facility Assessment Resource Guide, found on Covid-19 webpage at IowaSoccer.org



### PLAYERS

- > Stay home if don't feel well or if have had known exposure to Covid-19
- > Masks required at all times, including while playing
- > Maintain distance of 6 feet from others at all times
- > Don't come into physical contact with another person or his/her equipment
- > Bring and use hand sanitizer



### COACHES

- > Masks and 6 feet of physical distancing required at all times
- > Implement training activities that keep players 6 feet apart
- > Up to no more than 15 total (players + coaches) in the training space
- > Reinforce proper mitigation behaviors
- > Only one coach should handle equipment, sanitize after every session



### PARENTS & SPECTATORS

- > Not allowed to stay inside an indoor facility
- > Exception: one parent/guardian allowed to remain for 10U-below ages; mask required at all times



# RETURN TO PLAY: **PHASE 1**

Phase  
1

- November 19-30, 2021
- No in-person soccer activity allowed for youth or adult members
- Virtual training and education allowed



## PLAYERS

- > Training individually
- > Coaches leading virtual sessions



## COACHES

- > No in-person contact
- > Pivot to virtual sessions



## PARENTS & SPECTATORS

- > No competitions = no spectators

