



# RETURN TO PLAY: *PHASES\**

## Phase 1

- Replaced the spring and early summer seasons
- Individual training
- Virtual training led by coaches

## Phase 2

- Date may begin Phase 2: July 6, 2020
- Limited training: maximum 10 players + 1 coach on ½ of OUTDOOR full-sized field
- Everyone maintains 6 foot physical distance from each other at all times

## Phase 2.5

- Date may begin Phase 2.5: July 20, 2020
- Full team training + 1 coach on ½ of OUTDOOR field size that corresponds to the age group training
- Everyone maintains 6 foot physical distance from each other at all times

## Phase 3

- Date may begin Phase 3: July 27, 2020
- Full team training, 6 foot physical distance required for coaches only; training on OUTDOOR fields only
- Competition between teams from the same club may begin (“intra-club”)

## Phase 4

- Date may begin Phase 4: August 8, 2020
- Competition between teams from different clubs may begin (“inter-club”); coaches must maintain 6 foot physical distance
- Parents & spectators maintain 6 feet of physical distance from each other at all times

UPDATED JULY 31, 2020

\* Requirements & considerations for each phase are subject to change if/as conditions warrant. Future RTP date phases will be determined if/as we get through each successive phase.



# RETURN TO PLAY: PHASES\*

## Phase 1

- Replaced the spring and early summer seasons
- Individual training
- Virtual training led by coaches



### PLAYERS

- > Training individually
- > Coaches leading virtual sessions



### COACHES

- > No in-person contact
- > Pivot to virtual sessions



### PARENTS & SPECTATORS

- > No competitions = no spectators



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# RETURN TO PLAY: PHASES\*

## Phase 2

- Date may begin Phase 2: July 6, 2020
- Limited training: maximum 10 players + 1 coach on ½ of OUTDOOR full-sized field
- Everyone maintains 6 foot physical distance from each other at all times



### PLAYERS

- > Communicable disease waiver MUST be on file
- > Maintain physical distance of 6 feet
- > No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact
- > No sharing waterbottles or other equipment like pinnies
- > Regularly monitor/take temperature & stay home if have fever
- > If have a known exposure to Covid-19, or show any signs/symptoms, DO NOT return to training for 14 days
- > Bring hand sanitizer to training sessions & use often
- > Wear mask when arriving to and leaving field (not to be worn during activity)



### COACHES

- > Training MUST be outdoors – indoors NOT allowed
- > No more than 10 players + 1 coach on ½ of field
- > Avoid drills that don't allow for 6 feet of physical distancing; maintain 6 foot distance from players
- > Only one coach should handle equipment; DON'T allow players to grab cones, etc..
- > Equipment must be sanitized between every training session
- > Best practice to assign a pinnie to each player to use and take home to wash between sessions
- > Keep an attendance log for each session
- > Reinforce behavior: physical distancing, NO handshakes, high fives, sharing waterbottles, etc...
- > Encouraged to wear masks while coaching



### PARENTS & SPECTATORS

- > Child's communicable disease waiver already on file
- > Remain in vehicles during training; if must be outside vehicle, stay away from field and maintain 6 feet of physical distancing from other parents
- > Wash assigned pinnie between each session
- > Monitor child for signs/symptoms of Covid-19, including regular temperature checks prior to training
- > Keep child away from training environment for 14 days if has known exposure to Covid-19 or displays signs/symptoms such as fever



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# RETURN TO PLAY: PHASES\*

## Phase 2.5

- Date may begin Phase 2.5: July 20, 2020
- Full team training + 1 coach on ½ of OUTDOOR field size that corresponds to the age group training
- Everyone maintains 6 foot physical distance from each other at all times



### PLAYERS

- > Communicable disease waiver MUST be on file
- > Maintain physical distance of 6 feet
- > No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact
- > No sharing waterbottles or other equipment like pinnies
- > Regularly monitor/take temperature & stay home if have fever
- > If have a known exposure to Covid-19, or show any signs/symptoms, DO NOT return to training for 14 days
- > Bring hand sanitizer to training sessions & use often
- > Wear mask when arriving to and leaving field (not to be worn during activity)



### COACHES

- > Training MUST be outdoors – indoors NOT allowed
- > Full team allowed (7/20/20) + 1 coach on ½ of field size for that age group
- > Avoid drills that don't allow for 6 feet of physical distancing; maintain 6 foot distance from players
- > Only one coach should handle equipment; DON'T allow players to grab cones, etc..
- > Equipment must be sanitized between every training session
- > Best practice to assign a pinnie to each player to use and take home to wash between sessions
- > Keep an attendance log for each session
- > Reinforce behavior: physical distancing, NO handshakes, high fives, sharing waterbottles, etc...
- > Encouraged to wear masks while coaching



### PARENTS & SPECTATORS

- > Child's communicable disease waiver already on file
- > Remain in vehicles during training; if must be outside vehicle, stay away from field and maintain 6 feet of physical distancing from other parents
- > Wash assigned pinnie between each session
- > Monitor child for signs/symptoms of Covid-19, including regular temperature checks prior to training
- > Keep child away from training environment for 14 days if has known exposure to Covid-19 or displays signs/symptoms such as fever

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# RETURN TO PLAY: PHASES\*

## Phase 3

- Date may begin Phase 3: July 27, 2020
- Full team training, 6 foot physical distance required for coaches only; training on OUTDOOR fields only
- Competition between teams from the same club may begin (“intra-club”)



### PLAYERS

- > Communicable disease waiver **MUST** be on file
- > No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact
- > No sharing waterbottles or other equipment like pinnies
- > Regularly monitor/take temperature & stay home if have fever
- > If have a known exposure to Covid-19, or show any signs/symptoms, **DO NOT** return to training for 14 days
- > Bring hand sanitizer to training sessions & use often
- > Wear mask when arriving to and leaving field (not to be worn during activity)



### COACHES

- > Training **MUST** be outdoors – indoors **NOT** allowed
- > Maintain 6 foot physical distance from players
- > Only one coach should handle equipment; **DON'T** allow players to grab cones, etc..
- > Equipment must be sanitized between every training session
- > Best practice to assign a pinnie to each player to use and take home to wash between sessions
- > Keep an attendance log for each session
- > Reinforce behavior: **NO** handshakes, high fives, sharing waterbottles, etc...
- > Encouraged to wear masks while coaching



### PARENTS & SPECTATORS

- > Child’s communicable disease waiver already on file
- > Remain in vehicles during training; if must be outside vehicle, stay away from field and maintain 6 feet of physical distance from other parents
- > Wash assigned pinnie between each session
- > Monitor child for signs/symptoms of Covid-19, including regular temperature checks prior to training
- > Keep child away from training environment for 14 days if has known exposure to Covid-19 or displays signs/symptoms such as fever

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# RETURN TO PLAY: PHASES\*

## Phase 4

- Date may begin Phase 4: August 8, 2020
- Competition between teams from different clubs may begin (“inter-club”); coaches must maintain 6 foot physical distance
- OUTDOOR fields only; Parents & spectators maintain 6 feet of physical distance from each other at all times



### PLAYERS

- > Communicable disease waiver **MUST** be on file
- > No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact
- > No sharing waterbottles or other equipment like pinnies
- > Regularly monitor/take temperature & stay home if have fever
- > If have a known exposure to Covid-19, or show any signs/symptoms, **DO NOT** return to training for 14 days
- > Bring hand sanitizer to training sessions and games, and use often
- > Wear mask when arriving to and leaving field (not to be worn during activity)



### COACHES

- > Maintain 6 foot physical distance from players
- > Only one coach should handle equipment; **DON'T** allow players to grab cones, etc..
- > Equipment must be sanitized between every training session
- > Best practice to assign a pinnie to each player to use and take home to wash between sessions
- > Keep an attendance log for each session
- > Reinforce behavior: **NO** handshakes, high fives, sharing waterbottles, etc...
- > Encouraged to wear masks while coaching



### PARENTS & SPECTATORS

- > Child’s communicable disease waiver already on file
- > May be present on sidelines, maintaining physical distance of 6 feet at all times
- > Wash assigned pinnie between each session
- > Monitor child for signs/symptoms of Covid-19, including regular temperature checks prior to training
- > Keep child away from training environment for 14 days if has known exposure to Covid-19 or displays signs/symptoms such as fever

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