

Goalkeepers: Dealing with Break-a-Way Situations
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Likely Coaching Points

Starting Positions * Taking a Base * Standing Up * Closing Angles * Delaying the Attacker * GK as Covering Defender * GK Communication with Defenders * Transition.

Activity #1



Each player with a ball.

GK calls player's name for shot or 1v1 (coaches / players choice)

Activity #2



4v4 to two goals.
Field 40 by 25 yards.

Ball must be inside the restraining line to score.

Activity #3



5v5 to two goals.
Field 50 x 30 yards

1
Ball must precede players into
final third.

2
Shots from middle third = 1.
Shots from final third = 2.
Goals = bonus point.

Coaching Methods

Using the Field Players to Train GK's * Variable Technical and Tactical Possibilities *
Games to Two Goals * Games with Restraining Lines * Games with Long Field Spaces *
Realistic Flow * Coaching in the Flow * Using Conditions to Shape Action * Selective
Coaching Moments * Competition as Motivation * Praise.