



“Tackling”

Individual Technical Proficiency

**Tackling and regaining possession as part of a
Defensive and Attacking strategy**

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Analysis of facts to enhance player development

“Modern technology allows us to investigate many areas of our game that until now had not been readily available. To help us better understand the areas in which to focus our teaching or presentation of the game to our players, there is no better way to start than with simple analysis of the facts. The area that the following facts will focus is that of defending and the roles individual players play in that process. The one v one contest is paramount to the overall defensive strategy of any team. Collective effort and understanding is a requirement. However the individuals ability to have a willingness to compete for the ball, regain it and transition to fast break counter attack is a proven component for success.. Tackling is part of the process and is a technical execution that has changed over the years.....”
Why?

Lets examine some facts.....

Analysis 2006 World Cup

- 147 goals scored [64 matches]
- 46 goals [31%] from set plays Not including regained possessions following set plays
- The average number of goals per game was 2.3.
 - The lowest ever for a World Cup.
 - 20% less than when Italy last won in 1982 in Spain.
- The total number of goals in 2006 was one more than in 1982 when there were TWELVE *less* games.

Questions?

- Are attacking players not as skilful?
- Are defenders better?
- Are teams better organized?
- Is the game quicker?



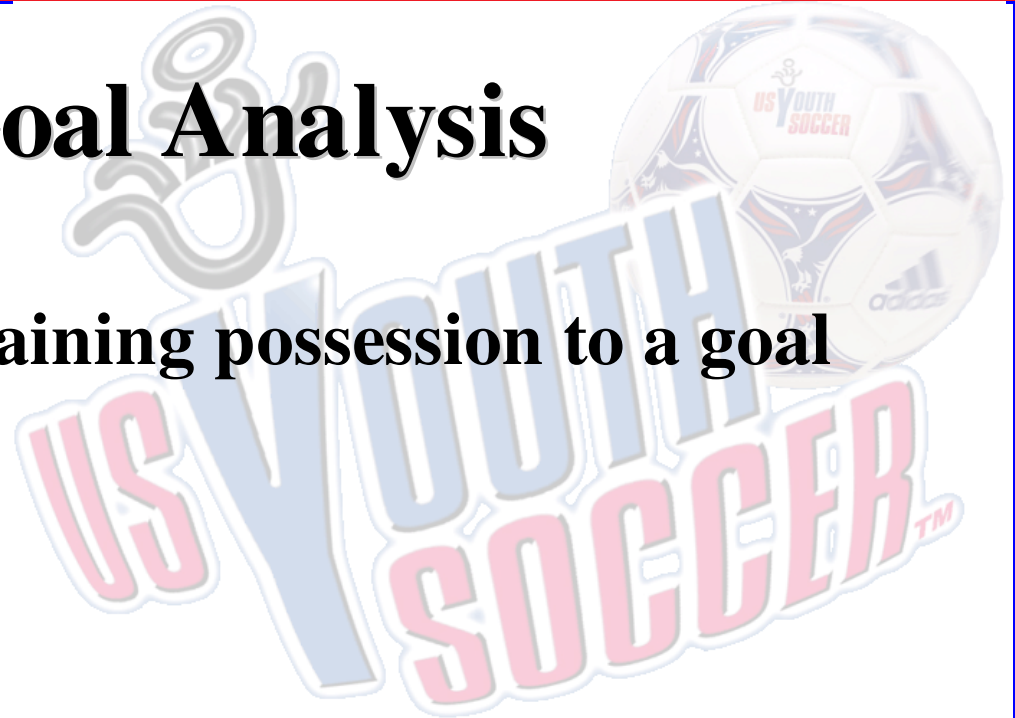
2006 World Cup

The 'First' Goal

- **The team scoring the 'first' goal won the game on two thirds of the occasions, and avoided defeat in 87.5% of the games**
- There were 57 'first' goals scored
- Average time when first goal was scored 29 minutes
- 50% were scored within 5 seconds of regaining possession
- 50% originated from set plays
 - 40% directly from set play
 - Additional 10% within 5 seconds of the set play

'First' Goal Analysis

- **Range of time from regaining possession to a goal being scored:**
 - 50% within 0-5 seconds
 - 10% within 6-10 seconds
 - 22% within 11-15 seconds
 - 15% within 16-20seconds
 - 3% within 21-25 seconds
- **No goals scored if possession was kept over 25 seconds**



UEFA Champions league Comparison 2006-07

- 29 Games at the knock out stage. 26 goals

First Goal :

Team that scored first avoided losing 88% of the time
Won Game on 70% of those occasions

When was first goal scored?

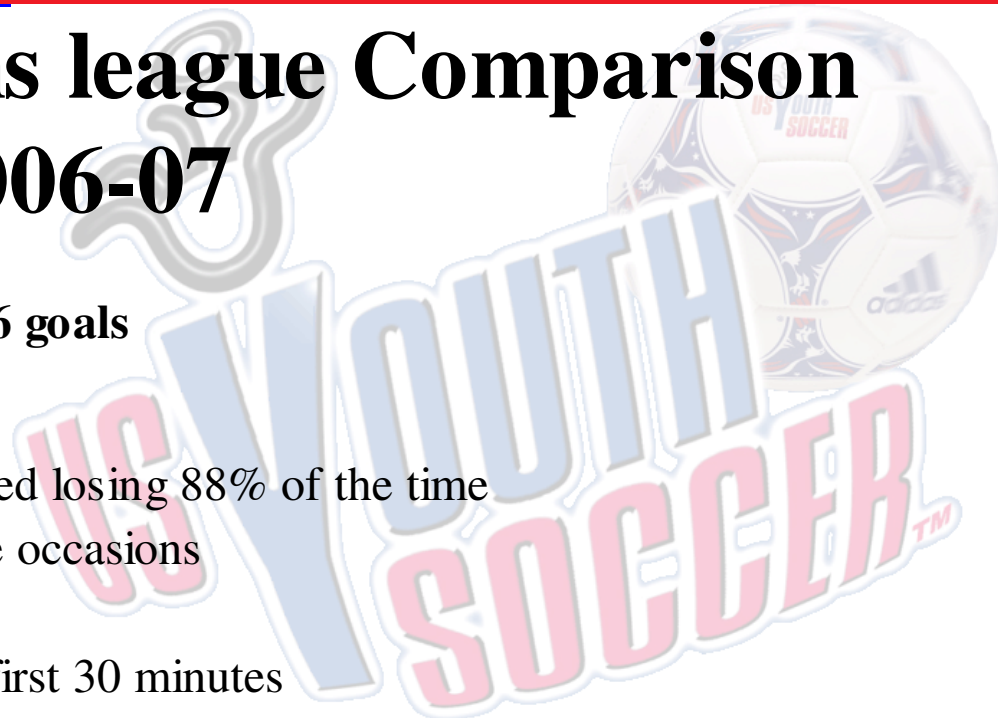
75% of first goals scored in first 30 minutes
60% in first 20 minutes

How was first goal scored?

27% from set plays [Additional 10% within 5 seconds of set play]

Of the goals scored in open play

75% scored within 10 seconds of regaining possession

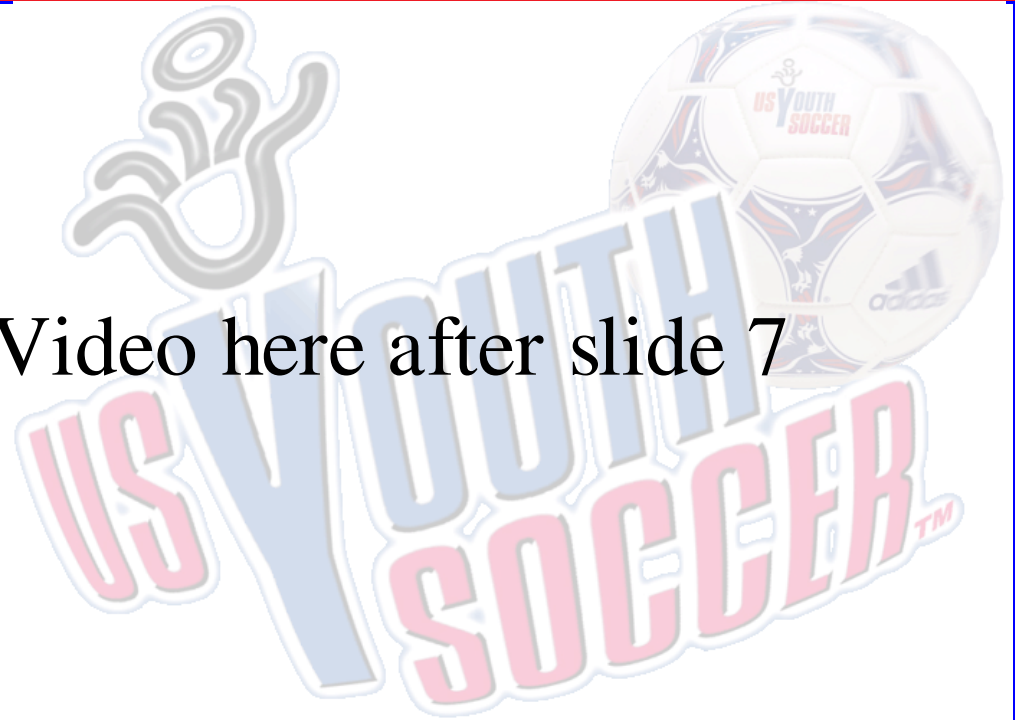


Regained Possessions



- In open play, where was the ball regained prior to the 'first' goal being scored ?
 - Defensive Third 31%
 - Middle Third 23%
 - Attacking Third 46%
- But have we not always assumed the game is won and lost in midfield?

- Show Counter attack Video here after slide 7



Regaining Possession

The individuals role... One v One

- Interception
- Delay/ Patience
- Compete/ Timing/ Tenacity
- Technical Ability/ Block Tackle, Slide Tackle[going to ground]
- Regain possession
- Transition – Fast break counter attack

- Tackles video here



Observations

How Many Tackles?

What happened to the block tackle?

Technical Significance?



What Lessons for Coaches?

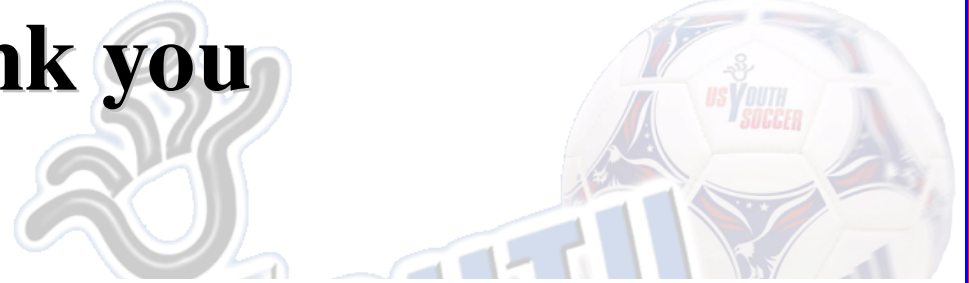
- Take the initiative, try to score early through a combination of quick attacks on regaining possession [almost 80%] of the ball.
- Be organized at set plays and within 5 seconds following them.

What lessons for coaches? Defensively

- Focus on regaining possession, transition to defense
- Following set plays
Where?,def third, mid third, attacking third
High or low pressure?
- Individual technique
- One V One
Tackling, Slide Tackling?, Tenacity,
Compete
- Small Sided activities with a purpose, directional
- Fast Break, Transition to attack



Thank you



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