

Game Fixing



Virgil Stringfield

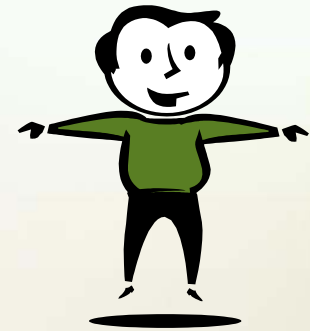
FREQUENTLY - - -

- - - youth soccer players are engaged in activities by coaches that

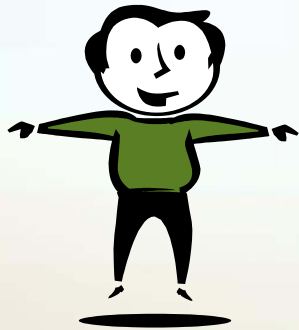
do not

really prepare them to play the game

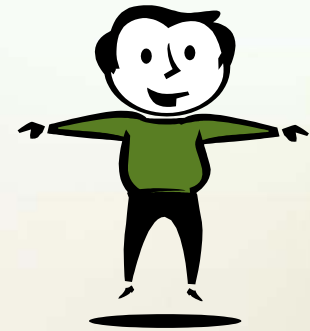
Static



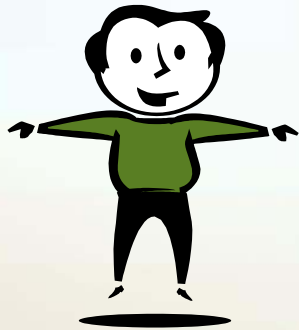
Static



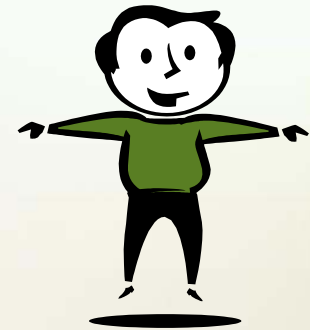
Static



Static



Static



Soooo...???



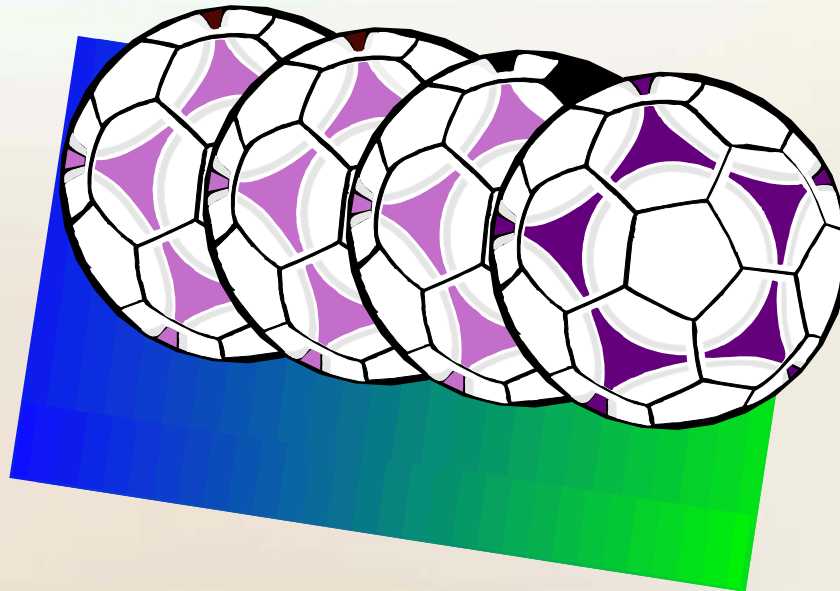
To Optimize Learning

- **elements should be present in the games and activities used in training**



Elements Needed in Training

- **The Ball**
frequently more than one



Elements Needed in Training

- **Goals**

objectives, a way to score



Elements Needed in Training

- **Opponents**
can be to varying degrees



Elements Needed in Training

- **Transition**

**players should both attack
and defend**



Elements Needed in Training



- **Boundaries**
most of the time
or
targets

Elements Needed in Training

- **Randomness**
variation exists in the game
and needs to be in training



Elements Needed in Training

- **Rules**
as simple as possible



Elements Needed in Training

- **Decision Making
by players**



Other Considerations That Affect Training

- **Simple to Complex**
- **Number of Players**
- **Size of the Space**



Other Considerations That Affect Training

- Uninterrupted Playing Time
- Age Appropriate
- Efficient Use of Time

